Best Practice for Anatomy Honors:

I have the students get into groups of 2-4 and make a life-size Bones Drawing with all the major bones labeled. They are instructed to make it creative and colorful with large, bold labeling and a clever title. I always get several great ones which we hang in the hallway outside my room. It seems to be a good introduction to the skeletal system. We use a roll of butcher block paper and cut 6 foot sections and a pack of markers per group. They trace the smallest person in the group to get the outline then draw the bones inside. They are told to make one forearm supinated and the other pronated so they get the idea of the radius crossing over the ulna in pronation. We do a similar activity when we get to muscles and we also do a really big heart when we start the cardiovascular system. In conjunction with these we do a practical test where they are asked 20 questions (5 points each) at the skeleton on the bones, bone markings, and joints. The practical test can also be done with the muscles and heart or cardiovascular system. I give them a handout which tells them everything they will be responsible for on the practical test. They know that they will be put on the spot individually on the practical test and it really motivates them to study.

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