

## A “Method” to the Madness: Using the Scientific Method to Analyze an Epidemic

Cristin Calder

Archbishop Edward A. McCarthy High School

Fort Lauderdale, Florida

**Abstract:** This activity introduces AP Biology students to the scientific method and data analysis in the context of a real-world problem: the continuing outbreaks of Ebola in Africa. Students begin with a short video and reading on Ebola to answer questions about its nature, spread, and containment. Next, they simulate transmission of a virus using a mini lab activity. This sets the stage for them to trace an outbreak to its source using real data from the 2014 outbreak in Zaire. Next, they will analyze data from Ebola outbreaks from 1979 - 2014 to calculate mortality and summarize infection rate by location. Then, they will learn about the Ebola vaccination experiment and analyze the experimental design. Finally, they will read about the difficulties in providing the vaccine to patients in the field to gain an understanding of the limits of science in real-world situations.

**Rationale:** In all science classes, but in particular Advanced Placement Biology, there is a large emphasis on the science skills of analyzing and graphing data in order to draw conclusions. In years past, I have covered this at the beginning of the year using fictitious data sets on a variety of topics. However, since Evolution and Genetics are also emphasized in the course, I thought it might be more interesting for the students as well as a clear preview to upcoming units if we started the year with real data from a viral epidemic that is ongoing and relevant right now. We could return to the topic as the year progressed and use DNA segments to discuss classification and evolution as well as how mutations lead to new strains. But for now this would “set the stage” and at the same time serve as our way of reviewing the process of discovery as well as graphing and analyzing data.

**Description of Unit and Expected Outcomes:** This activity will take approximately 3 days to complete. On day 1 students will watch the video and read the background information in order to complete the questions. They should be able to describe what Ebola is, how it is transmitted, and how it is treated by the end of this activity. We will also do Part 2 where they will simulate an outbreak and determine the source. At the end of Part 2, students should be able to distinguish between positive and negative control groups, use data to draw a conclusion about the source of the outbreak and create a graph that shows the relationship between the number of contacts and infection rate. On day 2, students will map the epidemic using the Epidemiological Report Patient Summaries. They should be able to explain how the infection spread and determine the source. On day 3, students will complete Part 4 of the activity which focuses on reading data tables, performing calculations, and graphing. At the end of this activity they should be able to calculate percents, create a summary table, create a graph, and describe the experimental design from the vaccine trials. They will also be able to describe how science is limited by fear and lack of government infrastructure after reading the articles provided on obstacles to Ebola treatment.

**Data Collection and Assessment:** Students will fill out a data sheet which has the activity broken into 4 parts. Part 1 is the introductory information and assessment will be through questions they answer on the worksheet. Part 2 is the Modeling an outbreak activity. Students will insert pictures of their results and answer questions about the activity. They will also create a graph of sample data and draw a conclusion. For Part 3 they will insert a picture of their completed map and answer questions about the source and spread of Ebola in the outbreak. For part 4, there are direct questions and places for them to insert their calculations on the math as well as space for their graph.

**CATALySIS Elements Included:** Parts 1 – 3 of this activity were taken from the Ebola Epidemic activity posted on the CPET site. All parts were modified to suit the design of this unit but some instructions will be used exactly as they are in the original activity. Part 4 was taken from the CDC and WHO websites which were also utilized during the CATALySIS training and the information about vaccination trials and obstacles was taken from the lecture given by Dr. Natalie Dean on Vaccine Efficacy.

**How this Differs from Traditional Teaching of this Unit:** Normally I don’t teach about Ebola at all. Viruses may be mentioned in the DNA unit, but in a very general sense. When teaching the Scientific Method, I typically have used

fictitious data unrelated to anything relevant in society. By using this unit, I am hoping to show the scientific method in action in a real-world situation. I also hope to later in the year relate back to Ebola when we discuss genetics, genetic engineering, evolution, and phylogeny. This unit will provide an introduction to Ebola and set my class up for this later.

**Literature Cited:**

Parts 1-3 relied heavily on information in the CPET UF Ebola Epidemic Activity:

<https://www.cpet.ufl.edu/resources/curricula/biomedical-curriculum-series/ebola-epidemic/>

Table taken from PBS Ebola Newshour activity: <https://www.pbs.org/newshour/extra/lessons-plans/ebola-outbreak-lesson-plan/>

Ebola Outbreak Video from TedEd on You Tube: <https://www.youtube.com/watch?v=UMMwgvLmN-M>

Information about Ebola from the CDC's website: <https://www.cdc.gov/vhf/ebola/about.html>

Table of confirmed cases and information about vaccinations taken from WHO's website:

<https://www.who.int/csr/don/16-may-2019-ebola-drc/en/>

Articles for why Ebola vaccine is not reaching people taken from:

NPR article about doctor being killed <https://www.npr.org/sections/goatsandsoda/2019/04/23/716121928/the-doctor-killed-in-fridays-ebola-attack-was-dedicated-but-also-afraid>

Washington Post article about why people aren't receiving vaccinations [https://www.washingtonpost.com/news/to-your-health/wp/2018/05/22/a-new-ebola-vaccine-could-help-stop-an-epidemic-but-faces-enormous-obstacles-in-crucial-test/?noredirect=on&utm\\_term=.bcbf57399719](https://www.washingtonpost.com/news/to-your-health/wp/2018/05/22/a-new-ebola-vaccine-could-help-stop-an-epidemic-but-faces-enormous-obstacles-in-crucial-test/?noredirect=on&utm_term=.bcbf57399719)

**Budget:** Minimal

Cups, 31 tabs, and pH paper are all supplies schools typically have on hand or can be purchased for under \$10.

Additionally, teacher needs to have maps printed on large paper for each group and it is recommended to laminate the patient cards to make them more durable.

## AP Biology – Scientific Method Lesson Plan

Cristin Calder

Archbishop Edward A. McCarthy High School

Fort Lauderdale, Florida

**TITLE:** A “Method” to the Madness: Using the Scientific Method to Analyze an Epidemic

**KEY QUESTION(S):** How are collaboration and the scientific method used to solve real world problems? How can data tables be summarized and analyzed? How do graphs help to organize data? What is the importance of control groups and how is a positive control different from a negative control?

**SCIENCE SUBJECT:** Biology

**GRADE AND ABILITY LEVEL:** Advanced Placement Biology (but could be used with lower levels), Grades 9-12, class size up to 32 students (working in groups of 4 for the map activity)

**SCIENCE CONCEPTS:** How to analyze data to draw a conclusion, identifying Independent and dependent variables, Identifying positive and negative control groups, how to graph data, how to draw conclusions

**OVERALL TIME ESTIMATE:** 3 days – some portions can be done for homework in order to save time if necessary. Class activities can be done in 2 days.

**LEARNING STYLES:** Visual, kinesthetic, auditory

**VOCABULARY:** The vocabulary for parts 1-3 of this lesson are outlined in the activity on which it is based from University of Florida: <https://www.cpet.ufl.edu/resources/curricula/biomedical-curriculum-series/ebola-epidemic/> (teacher pages) For part 4 students will learn the term **ring vaccination**.

**LESSON SUMMARY:** After a brief video introduction, students will read background information on the Ebola virus to answer some baseline questions about the virus and its transmission. They will simulate an outbreak using a lab activity. They will then use real outbreak data to track the source of an epidemic. They will analyze data from several Ebola outbreaks from 1976 to 2019 in order to answer questions about the spread of the disease. Finally, after watching a brief clip on ring vaccination, they will relate the scientific method to the vaccine trials for Ebola and discuss why the vaccine is not reaching patients in the current epidemic.

**STUDENT LEARNING OBJECTIVES WITH STANDARDS:** (from new AP Biology Standards as of 2019-20)

1. Describe the basic symptoms and transmission of the Ebola Virus from a video, reading, and graphic representation of the ecology of the virus (Science Practice 2.A, 2.D)
2. Perform a simulated epidemic, collect the data, analyze the data and draw conclusions about the source of the infection. (Science Practice 3.C, 3.D, 4.A)
3. Then use real viral epidemic data to similarly track the source. (Science Practice 2.B, 3.C, 3.D)
3. Read data from tables and perform calculations from this data (percents, summaries, graphs) in order to answer questions about the data (Science Practice 4.B, 5.A)
4. Evaluate the barriers that doctors face in vaccinating high risk groups (Science Practice 6.D; Learning Objective SYI2A)

**MATERIALS:** (for a class of 30)

30 Cups (1 per person)

1 L Water (for each cup)

100 mL 0.05M NaOH or other weak base (for 1 cup)

30 pH test strips  
8 Maps (approximately 1 per group of 4-5)  
31 Colored Tabs for map  
8 Copies of Epidemiological Report Patient Summaries (1 set of cards per group of 4-5 students)  
Internet Access

#### **BACKGROUND INFORMATION:**

Ebola is a virus which first appeared in Africa in 1976 and has reappeared in local outbreaks over the past 40 years. Because of its devastating effects and high mortality rate, it has gotten a lot of media attention and attracts the interest of students. It can be a model for the devastation of a viral outbreak, the development of vaccines to treat outbreaks, and the effect of obstacles (such as economic poverty and government turmoil) on treatment.

In order to teach this lesson, the teacher does not need to have an extensive understanding of viruses. Information is provided in the background readings and video that the students will watch/access. The teacher should visit the websites in the activity and watch the 2 videos ahead of time. This should give all base information on Ebola necessary to present the lesson. The vocabulary for parts 1-3 can be found in the teacher pages of the CPET Ebola Epidemic activity at the following website <https://www.cpet.ufl.edu/resources/curricula/biomedical-curriculum-series/ebola-epidemic/>. For Part 4, vaccines are discussed and the method of ring vaccination. A video link is provided which explains how ring vaccination works.

A major goal of this lesson is for students to practice using the scientific method. The teacher needs to understand the parts of the method including: Independent variable, dependent variable, positive control, and negative control. The teacher also needs to understand how to calculate percents, how to read a table, and how to make a graph. A key is provided for the data sheet with answers to all questions.

#### **ADVANCE PREPARATION:**

- Day 1: Load video clip for introduction, Fill cups with water and 1 cup with NaOH solution
- Day 2: Have maps printed & tape to tables (1 per group of 4-5). Have printed Patient cards at each station and colored tabs to place on the map.
- Day 3: Load video clip on ring vaccination

#### **PROCEDURE AND DISCUSSION QUESTIONS WITH TIME ESTIMATES:** (designed for 3 50-minute periods)

**DAY 1** (have video loaded and cups ready to hand out. Inconspicuously mark the infected cup to ID later)

1. Provide quick overview of the Activity to the class – explain that students will learn about the disease Ebola, simulate the spread of a virus, use real data to trace the source of a virus, analyze data on the Ebola outbreaks, and relate the scientific method to the vaccination trials. Have students download the data sheet and tell them they will work with the person next to them as a partner. If there is an odd number of students, assign one group of 3. Each person has their own data sheet. Tell them this will be a 3 day activity and not to work ahead. **(5-10 minutes)**
2. Watch video clip **(TedEd clip – 4 minutes)**
3. Instruct students to work with their partner to complete Part 1 of the activity **(15 minutes)**
4. Give all students one of the cups prepared before class **(MAKE A NOTE OF WHO GETS THE INFECTED CUP!)** and explain the instructions for Part 2 (on the data sheet). Allow students to mix with 2 others. If a student can not find a 3<sup>rd</sup> person to mix with, allow one person to mix 4x to accommodate them **(5-10 minutes)**
5. Model the positive and negative control and give each student a test strip to determine if they are infected. Have the infected stand up and interview them to see who they switched with in order to determine the source of the outbreak. It is possible you will not be able to limit this to one person. If you can trace the source to 2 people, list both as possible sources. **(10 minutes)**

**DAY 2:** (Maps should be taped to the tables and card sets/tabs left at each map prior to class)

1. Summarize the activity from yesterday and give about 10 minutes to complete the last graph on Part 2. Remind students about graphing rules (scales, labeling, etc) **(10 minutes)**

2. Start Part 3: Two groups of students will work together on 1 map. Students will follow protocol in the attached sheet taken directly from the original CPET activity. They will create a tab for each patient and place the location of the patient on the map at their table. They should take a picture of the map once they are done and answer the questions on their data sheet about the outbreak. You should circulate in case any groups need help. **(40 minutes)**

**Day 3:** (Load video clip on ring vaccination)

1. Review what has been done so far (experimental parts, how a virus is tracked) **(5 minutes)**
2. Part 4: explain that students will be provided with data about Ebola outbreaks and information about an experimental vaccine. Show the video on ring vaccination **(10 minutes)**
3. Allow students to work the rest of the period on the calculations and graphs. Finish for HW. Circulate to help any students struggling with the calculations. **(35 minutes)**
4. Students should finish for HW.

#### **ASSESSMENT SUGGESTIONS:**

The entire activity will be assessed by the data sheet submitted at the end. Part 1 questions show they know the symptoms, transmission, and treatment of the disease. Part 2 questions show they can identify the parts of an experiment, make a graph and draw a conclusion. Part 3 mapping shows they can track a disease and the accompanying questions show they can use reasoning to draw a conclusion. Part 4 questions show they can calculate percents, summarize data, create a graph of a data table, and analyze the parts of an experiment and reasoning for the experimental design.

**EXTENSIONS/ACTIVITIES:** Here are activities that delve further into the Ebola Virus

PBS Ebola Newshour activity: <https://www.pbs.org/newshour/extra/lessons-plans/ebola-outbreak-lesson-plan/>

Biointeractive Website: <https://www.biointeractive.org/classroom-resources/ebola-disease-detectives>

CPET UF Ebola Epidemic Activity: <https://www.cpet.ufl.edu/resources/curricula/biomedical-curriculum-series/ebola-epidemic/>

The movie “Outbreak” from 1995 is a fictitious account of an Ebola-like virus and also brings in the idea of biological weapons. It is Rated “R” but if an edited version was available it would bring up great discussion about how to handle an outbreak the ethics of quarantining and of biological weapons.

The 6 part series “The Hot Zone” on National Geographic is the actual account of the Ebola virus’ appearance in Reston, Virginia and documents the government’s response to an outbreak.

#### **LITERATURE:**

A great book on the topic of Ebola is *The Hot Zone* by Richard Preston. A fictional book that would be a great extension as it discusses the idea of using viruses for bioterrorism is *The Cobra Event* by Richard Preston.

#### **RESOURCES/REFERENCES:**

Part 1, 2, and 3 of the worksheet borrowed in part from the University of Florida CPET activity “Ebola Epidemic” and more resources and other versions of this activity can be found at:

<https://www.cpet.ufl.edu/resources/curricula/biomedical-curriculum-series/ebola-epidemic/>

Ebola Outbreak Video from TedEd on You Tube: <https://www.youtube.com/watch?v=UMMwgvLmN-M>

Information about Ebola from the CDC's website: <https://www.cdc.gov/vhf/ebola/about.html>

Table of confirmed cases and information about vaccinations taken from WHO's website:  
<https://www.who.int/csr/don/16-may-2019-ebola-drc/en/>

Articles about limits of Ebola vaccine taken from:

NPR article about doctor being killed <https://www.npr.org/sections/goatsandsoda/2019/04/23/716121928/the-doctor-killed-in-fridays-ebola-attack-was-dedicated-but-also-afraid>

Washington Post article about why people aren't receiving vaccinations [https://www.washingtonpost.com/news/to-your-health/wp/2018/05/22/a-new-ebola-vaccine-could-help-stop-an-epidemic-but-faces-enormous-obstacles-in-crucial-test/?noredirect=on&utm\\_term=.bcbf57399719](https://www.washingtonpost.com/news/to-your-health/wp/2018/05/22/a-new-ebola-vaccine-could-help-stop-an-epidemic-but-faces-enormous-obstacles-in-crucial-test/?noredirect=on&utm_term=.bcbf57399719)

Information also taken from lecture by Dr. Natalie Dean, Department of Biostatistics, University of Florida

COPY OF DATA SHEET AND ANSWER KEY ATTACHED:

## A "Method" to the Madness: Analyzing the Ebola Epidemic

### Part 1: What is Ebola and how is it spread?

Watch video: <https://www.youtube.com/watch?v=UMMwgyLmN-M> (Your teacher may show this video to the class as a group)

Go to the following Website to answer the questions that follow. Also click on the Ecology graphic on the right of the webpage to help answer the questions. <https://www.cdc.gov/vhf/ebola/about.html>

#### From "What is Ebola Virus Disease":

1. How many viruses are in the genus Ebolavirus? \_\_\_\_\_ How many cause disease in humans? \_\_\_\_\_

#### From "History of Ebola Virus Disease"

2. Where did the name "Ebola" come from? \_\_\_\_\_
3. Originally, there were 2 outbreaks in different locations and scientists thought the outbreaks were associated with one infected person who traveled to both locations. What evidence supported that the outbreaks came from two different sources? \_\_\_\_\_
4. When it comes to viruses, what is a "reservoir"? \_\_\_\_\_
5. What animal do they believe might be the reservoir for Ebola? \_\_\_\_\_
6. How was the virus transmitted during the first outbreak in Zaire? \_\_\_\_\_

#### From "Transmission"

7. Name 4 different ways the virus can be spread:
- \_\_\_\_\_
  - \_\_\_\_\_
  - \_\_\_\_\_
  - \_\_\_\_\_
8. Can a person spread the virus if they do not have symptoms? \_\_\_\_\_

#### From "Signs and Symptoms"

9. What is the average number of days before symptoms appear? \_\_\_\_\_
10. From the list of symptoms, which one do you think leads to death? \_\_\_\_\_

#### From "Treatment"

The mortality rate for those infected with Ebola is about 50%.

11. What are 2 interventions provided to improve chances of survival?
- \_\_\_\_\_
  - \_\_\_\_\_

## Part 2: Modeling an Epidemic (How do scientists trace an epidemic?)

Adapted from University of Florida Center for Precollegiate Education and Training: <https://www.cpet.ufl.edu/resources/curricula/biomedical-curriculum-series/ebola-epidemic/>

1. Take a cup of liquid from your teacher.
2. When told to do so, find a partner and pour all the liquid from one cup into the other. Then pour half of the liquid back so that both cups have the same amount they began with. This will simulate the exchange of fluids between 2 people and also the spread of infection (if one of you is infected). Repeat this step with 2 other partners. Record the names of your 3 partners below:

Person 1: \_\_\_\_\_ Person 2: \_\_\_\_\_ Person 3: \_\_\_\_\_

3. Your teacher will provide you with a test strip to see if you are infected. This will simulate an antibody test that might be given in the field to test a person for infection. Your teacher will show you both a POSITIVE CONTROL and a NEGATIVE CONTROL.

What is the purpose of using both a Positive and a negative control in this experiment? \_\_\_\_\_

Take a picture of the Positive and negative control and insert it on the left. On the right, insert a picture of your result and identify if you were infected:

POSITIVE CONTROL	NEGATIVE CONTROL	YOUR TEST Circle (INFECTED, NOT INFECTED)

How many people were infected? \_\_\_\_\_ Could you determine the source? \_\_\_\_\_

Name the suspected source(s): \_\_\_\_\_

On the left is some data from a sample groups of 25 that performed this lab using different numbers of exchanges. Graph this data and draw a conclusion about the relationship between the number of exchanges and the number of infections:

Number of Exchanges	Number of Infections
1	2
2	4
3	8
4	14
5	20
6	22
7	23
8	25
9	25
10	25

GRAPH:

Conclusion: \_\_\_\_\_



### Part 3: Mapping an Epidemic (Trace a real epidemic from data)

Use the directions in the activity "Tracking an Epidemic" sheet. Your teacher will put you in groups to do the activity.

Taken From University of Florida Center for Precollegiate Education and Training: <https://www.cpet.ufl.edu/resources/curricula/biomedical-curriculum-series/ebola-epidemic/>

**Insert a picture of your completed map below**

#### Questions:

1. When did the outbreak begin? \_\_\_\_\_ Where? \_\_\_\_\_
2. Who was patient Zero in this outbreak? \_\_\_\_\_
3. Based on your previous reading on page 1, how might the first patient have become infected?  
\_\_\_\_\_  
\_\_\_\_\_
4. Which patients were likely responsible for bringing the outbreak to each of the other cities? (Name at least 5 and include how they caught the disease, and to what city they brought the disease)

---

---

---

---

---

## Part 4: Analyzing Data from an Epidemic

The following data table shows a breakdown of the number of Ebola cases from 1976 to 2014 according to the World Health Organization. Use this data to answer the questions that follow:

Country	Year	Number of cases	Number of death
Sudan	1976	284	151
Democratic Republic of Congo	1976	318	280
Democratic Republic of Congo	1977	1	1
Sudan	1979	34	22
Gabon	1994	52	31
Democratic Republic of Congo	1995	315	254
South Africa	1996	1	1
Uganda	2000	425	224
Congo	2001	59	44
Gabon	2001	65	53
Sudan	2004	17	7
Congo	2005	12	10
Uganda	2007	149	37
Democratic Republic of Congo	2007	264	187
Democratic Republic of Congo	2008	32	14
Uganda	2011	1	1
Democratic Republic of Congo	2012	57	29
Uganda	2012	7	4
Uganda	2012	24	17
Liberia-Guinea-Sierra Leone (ongoing)	2014	453	245

Table copied June 2019 from: <https://www.pbs.org/newshour/extra/app/uploads/2014/09/Ebola-outbreak-analyzing-the-data-worksheet.pdf>

1. What percentage of all cases occurred in the Democratic Republic of Congo? \_\_\_\_\_
2. Based on this data, what is the average fatality rate (# deaths/# cases) for the Democratic Republic of Congo? \_\_\_\_\_
3. In which year were there the most cases? \_\_\_\_\_ In which were there the most fatalities? \_\_\_\_\_
4. Fill in the table below summarizing cases by region:

Region	# of Cases	Percentage of Cases
Congo		
Democratic Republic of Congo		
Gabon		
Liberia-Guinea-Sierra Leone		
South Africa		
Sudan		
Uganda		
<b>TOTAL:</b>		100%

5. Create a Pie Chart that shows the overall PERCENTAGE of cases by region.

In 2015, scientists had developed an experimental vaccine. Although it does not have FDA approval yet, scientists received approval from the National Regulatory Authority of DRC and the Ethics Review Committee of the Ecole de Santé Publique in Kinshasa to use this vaccine (rVSV-ZEBOV). They used a ring vaccination method. This entailed vaccinating contacts and contacts of contacts of the infected as well as health care workers who were treated infected people. Watch the video on Ring Vaccination from the WHO: <https://www.youtube.com/watch?v=4dL1kqLLXbw>

What is the purpose of using the ring vaccination method? (rather than mass vaccinations?)

---



---

In order to conduct a true controlled experiment, what should have been the negative control group?

---



---

Scientists modified the control group in this experiment. They vaccinated some in the ring immediately and then vaccinated the rest 21 days later. Why do you think scientists made this decision (based on what you know about Ebola)?

---

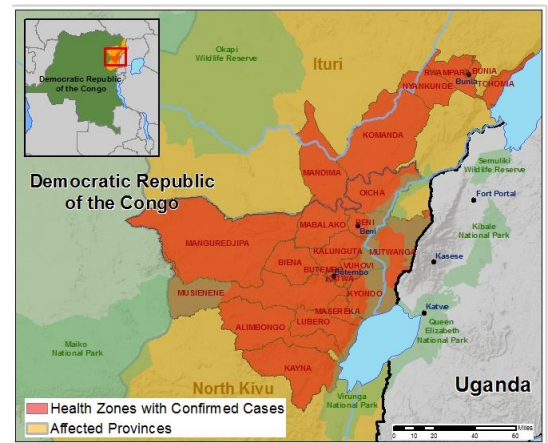


---

In 2018, there was another outbreak of Ebola in the Democratic Republic of Congo.

The table below shows Confirmed and probable Ebola virus disease cases, and number of health areas affected, by health zone, North Kivu and Ituri provinces, Democratic Republic of the Congo, data as of 14 May 14, 2019 according to the World Health Organization.

Province	Health Zone	During the last 21 days (24 April – 14 May)		Cumulative to date				
		Confirmed Cases reported	Health areas: reporting at least 1 case / Total areas in zone	Confirmed cases	Probable cases	Total cases	Deaths among confirmed cases	Total deaths
North Kivu	Alimbongo	1	1/20	1	0	1	0	0
	Beni	30	8/18	285	9	294	153	162
	Biena	1	1/14	7	1	8	8	9
	Butembo	41	14/15	170	0	170	190	190
	Kalunguta	31	12/18	85	15	100	40	55
	Katwa	97	16/18	547	14	561	366	380
	Kayna	1	1/18	8	0	8	4	4
	Kyondo	2	2/22	19	2	21	13	15
	Lubero	6	5/18	10	2	12	2	4
	Mabalako	50	9/12	149	16	165	103	119
	Manguredjipa	5	1/9	10	0	10	4	4
	Masereka	3	3/16	36	3	39	14	17
	Musienene	32	7/20	44	1	45	22	23
	Mutwanga	1	1/19	5	0	5	3	3
Oicha	1	1/25	41	0	41	20	20	
Vuhovi	2	1/12	79	12	91	28	40	
Ituri	Bunia	0	0/20	1	0	1	1	1
	Komanda	1	1/15	28	9	37	10	19
	Mandima	45	7/15	122	4	126	74	78
	Nyakunde	0	0/12	1	0	1	1	1
	Rwampara	0	0/11	1	0	1	1	1
	Tchomia	0	0/12	2	0	2	2	2
<b>Total</b>		<b>350</b>	<b>91/359 (27%)</b>	<b>1651</b>	<b>88</b>	<b>1739</b>	<b>1059</b>	<b>1147</b>



Data taken June 2019 from: <https://www.who.int/csr/don/16-may-2019-ebola-drc/en/> Map: <https://www.cdc.gov/vhf/ebola/outbreaks/drc/east-drc-map.html>

1. Based on this table, what percentage of confirmed cases came from North Kivu? \_\_\_\_\_ Ituri? \_\_\_\_\_
2. What is the average mortality rate for confirmed cases in North Kivu? \_\_\_\_\_
3. What is the average mortality rate for confirmed cases in Ituri? \_\_\_\_\_

Ring Vaccination protocol was initiated and continues in the Republic of Congo. Unfortunately, although this vaccine is over 95% effective, people are not getting the vaccine they need. Why isn't everyone getting vaccinated? Read the articles in the 2 attached websites and explain in 5-6 sentences the barriers to vaccination:

<https://www.npr.org/sections/goatsandsoda/2019/04/23/716121928/the-doctor-killed-in-fridays-ebola-attack-was-dedicated-but-also-afraid>

[https://www.washingtonpost.com/news/to-your-health/wp/2018/05/22/a-new-ebola-vaccine-could-help-stop-an-epidemic-but-faces-enormous-obstacles-in-crucial-test/?noredirect=on&utm\\_term=.bcbf57399719](https://www.washingtonpost.com/news/to-your-health/wp/2018/05/22/a-new-ebola-vaccine-could-help-stop-an-epidemic-but-faces-enormous-obstacles-in-crucial-test/?noredirect=on&utm_term=.bcbf57399719)

Give at least 4 reasons why not everyone is getting vaccinated: At least one should come from EACH article!

---

---

---

---

---

---

---

NAME(S): \_\_\_\_\_ Period \_\_\_\_\_

## A "Method" to the Madness: Analyzing the Ebola Epidemic

### Part 1: What is Ebola and how is it spread?

Watch video: <https://www.youtube.com/watch?v=UMMwgvLmN-M> (Your teacher may show this video to the class as a group)

Go to the following Website to answer the questions that follow. Also click on the Ecology graphic on the right of the webpage to help answer the questions. <https://www.cdc.gov/vhf/ebola/about.html>

#### From "What is Ebola Virus Disease":

1. How many viruses are in the genus Ebolavirus? \_\_\_\_\_ How many cause disease in humans? \_\_\_\_\_

#### From "History of Ebola Virus Disease"

2. Where did the name "Ebola" come from? \_\_\_\_\_
3. Originally, there were 2 outbreaks in different locations and scientists thought the outbreaks were associated with one infected person who traveled to both locations. What evidence supported that the outbreaks came from two different sources? \_\_\_\_\_
4. When it comes to viruses, what is a "reservoir"? \_\_\_\_\_
5. What animal do they believe might be the reservoir for Ebola? \_\_\_\_\_
6. How was the virus transmitted during the first outbreak in Zaire? \_\_\_\_\_

#### From "Transmission"

7. Name 4 different ways the virus can be spread:
- a. \_\_\_\_\_
  - b. \_\_\_\_\_
  - c. \_\_\_\_\_
  - d. \_\_\_\_\_
8. Can a person spread the virus if they do not have symptoms? \_\_\_\_\_

#### From "Signs and Symptoms"

9. What is the average number of days before symptoms appear? \_\_\_\_\_
10. From the list of symptoms, which one do you think leads to death? \_\_\_\_\_

#### From "Treatment"

The mortality rate for those infected with Ebola is about 50%.

11. What are 2 interventions provided to improve chances of survival?
- a. \_\_\_\_\_
  - b. \_\_\_\_\_

NAME(S): \_\_\_\_\_ Period \_\_\_\_\_

### Part 2: Modeling an Epidemic (How do scientists trace an epidemic?)

Adapted from University of Florida Center for Precollegiate Education and Training: <https://www.cpet.ufl.edu/resources/curricula/biomedical-curriculum-series/ebola-epidemic/>

1. Take a cup of liquid from your teacher.
2. When told to do so, find a partner and pour all the liquid from one cup into the other. Then pour half of the liquid back so that both cups have the same amount they began with. This will simulate the exchange of fluids between 2 people and also the spread of infection (if one of you is infected). Repeat this step with 2 other partners. Record the names of your 3 partners below:

Person 1: \_\_\_\_\_ Person 2: \_\_\_\_\_ Person 3: \_\_\_\_\_

3. Your teacher will provide you with a test strip to see if you are infected. This will simulate an antibody test that might be given in the field to test a person for infection. Your teacher will show you both a POSITIVE CONTROL and a NEGATIVE CONTROL.

What is the purpose of using both a Positive and a negative control in this experiment? \_\_\_\_\_

Take a picture of the Positive and negative control and insert it on the left. On the right, insert a picture of your result and identify if you were infected:

POSITIVE CONTROL	NEGATIVE CONTROL	YOUR TEST Circle (INFECTED, NOT INFECTED)

How many people were infected? \_\_\_\_\_ Could you determine the source? \_\_\_\_\_

Name the suspected source(s): \_\_\_\_\_

On the left is some data from a sample groups of 25 that performed this lab using different numbers of exchanges. Graph this data and draw a conclusion about the relationship between the number of exchanges and the number of infections:

Number of Exchanges	Number of Infections
1	2
2	4
3	8
4	14
5	20
6	22
7	23
8	25
9	25
10	25

GRAPH:

Conclusion: \_\_\_\_\_

NAME(S): \_\_\_\_\_ Period \_\_\_\_\_

**Part 3: Mapping an Epidemic (Trace a real epidemic from data)**

Use the directions in the activity “Tracking an Epidemic” sheet. Your teacher will put you in groups to do the activity.

Taken From University of Florida Center for Precollegiate Education and Training: <https://www.cpet.ufl.edu/resources/curricula/biomedical-curriculum-series/ebola-epidemic/>

**Insert a picture of your completed map below**

**Questions:**

1. When did the outbreak begin? \_\_\_\_\_ Where? \_\_\_\_\_
2. Who was patient Zero in this outbreak? \_\_\_\_\_
3. Based on your previous reading on page 1, how might the first patient have become infected?  
\_\_\_\_\_  
\_\_\_\_\_
4. Which patients were likely responsible for bringing the outbreak to each of the other cities? (Name at least 5 and include how they caught the disease, and to what city they brought the disease)  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Part 4: Analyzing Data from an Epidemic**

The following data table shows a breakdown of the number of Ebola cases from 1976 to 2014 according to the World Health Organization. Use this data to answer the questions that follow:

Country	Year	Number of cases	Number of death
Sudan	1976	284	151
Democratic Republic of Congo	1976	318	280
Democratic Republic of Congo	1977	1	1
Sudan	1979	34	22
Gabon	1994	52	31
Democratic Republic of Congo	1995	315	254
South Africa	1996	1	1
Uganda	2000	425	224
Congo	2001	59	44
Gabon	2001	65	53
Sudan	2004	17	7
Congo	2005	12	10
Uganda	2007	149	37
Democratic Republic of Congo	2007	264	187
Democratic Republic of Congo	2008	32	14
Uganda	2011	1	1
Democratic Republic of Congo	2012	57	29
Uganda	2012	7	4
Uganda	2012	24	17
Liberia-Guinea-Sierra Leone (ongoing)	2014	453	245

Table copied June 2019 from: <https://www.pbs.org/newshour/extra/app/uploads/2014/09/Ebola-outbreak-analyzing-the-data-worksheet.pdf>

1. What percentage of all cases occurred in the Democratic Republic of Congo? \_\_\_\_\_
2. Based on this data, what is the average fatality rate (# deaths/# cases) for the Democratic Republic of Congo? \_\_\_\_\_
3. In which year were there the most cases? \_\_\_\_\_ In which were there the most fatalities? \_\_\_\_\_
4. Fill in the table below summarizing cases by region:

Region	# of Cases	Percentage of Cases
Congo		
Democratic Republic of Congo		
Gabon		
Liberia-Guinea-Sierra Leone		
South Africa		
Sudan		
Uganda		
<b>TOTAL:</b>		100%

5. Create a Pie Chart that shows the overall PERCENTAGE of cases by region.



NAME(S): \_\_\_\_\_ Period \_\_\_\_\_

In 2015, scientists had developed an experimental vaccine. Although it does not have FDA approval yet, scientists received approval from the National Regulatory Authority of DRC and the Ethics Review Committee of the Ecole de Santé Publique in Kinshasa to use this vaccine (rVSV-ZEBOV). They used a ring vaccination method. This entailed vaccinating contacts and contacts of contacts of the infected as well as health care workers who were treated infected people. Watch the video on Ring Vaccination from the WHO: <https://www.youtube.com/watch?v=4dL1kqLLXbw>

What is the purpose of using the ring vaccination method? (rather than mass vaccinations?)

\_\_\_\_\_

\_\_\_\_\_

In order to conduct a true controlled experiment, what should have been the negative control group?

\_\_\_\_\_

Scientists modified the control group in this experiment. They vaccinated some in the ring immediately and then vaccinated the rest 21 days later. Why do you think scientists made this decision (based on what you know about Ebola)?

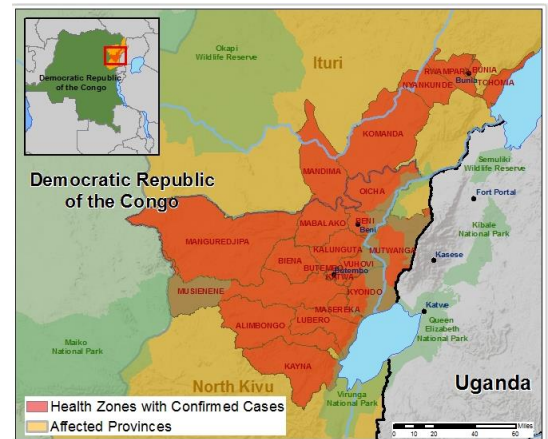
\_\_\_\_\_

\_\_\_\_\_

In 2018, there was another outbreak of Ebola in the Democratic Republic of Congo.

The table below shows Confirmed and probable Ebola virus disease cases, and number of health areas affected, by health zone, North Kivu and Ituri provinces, Democratic Republic of the Congo, data as of 14 May 14, 2019 according to the World Health Organization.

Province	Health Zone	During the last 21 days (24 April – 14 May)		Cumulative to date				
		Confirmed Cases reported	Health areas: reporting at least 1 case / Total areas in zone	Confirmed cases	Probable cases	Total cases	Deaths among confirmed cases	Total deaths
North Kivu	Alimbongo	1	1/20	1	0	1	0	0
	Beni	30	8/18	285	9	294	153	162
	Biena	1	1/14	7	1	8	8	9
	Butembo	41	14/15	170	0	170	190	190
	Kalunguta	31	12/18	85	15	100	40	55
	Katwa	97	16/18	547	14	561	366	380
	Kayna	1	1/18	8	0	8	4	4
	Kyondo	2	2/22	19	2	21	13	15
	Lubero	6	5/18	10	2	12	2	4
	Mabalako	50	9/12	149	16	165	103	119
	Manguredjipa	5	1/9	10	0	10	4	4
	Masereka	3	3/16	36	3	39	14	17
	Musienene	32	7/20	44	1	45	22	23
	Mutwanga	1	1/19	5	0	5	3	3
Oicha	1	1/25	41	0	41	20	20	
Vuhovi	2	1/12	79	12	91	28	40	
Ituri	Bunia	0	0/20	1	0	1	1	1
	Komanda	1	1/15	28	9	37	10	19
	Mandima	45	7/15	122	4	126	74	78
	Nyakunde	0	0/12	1	0	1	1	1
	Rwampara	0	0/11	1	0	1	1	1
	Tchomia	0	0/12	2	0	2	2	2
<b>Total</b>		<b>350</b>	<b>91/359 (27%)</b>	<b>1651</b>	<b>88</b>	<b>1739</b>	<b>1059</b>	<b>1147</b>



Data taken June 2019 from: <https://www.who.int/csr/don/16-may-2019-ebola-drc/en/> Map: <https://www.cdc.gov/vhf/ebola/outbreaks/drc/east-drc-map.html>

1. Based on this table, what percentage of confirmed cases came from North Kivu? \_\_\_\_\_ Ituri? \_\_\_\_\_
2. What is the average mortality rate for confirmed cases in North Kivu? \_\_\_\_\_
3. What is the average mortality rate for confirmed cases in Ituri? \_\_\_\_\_

NAME(S): \_\_\_\_\_ Period \_\_\_\_\_

Ring Vaccination protocol was initiated and continues in the Republic of Congo. Unfortunately, although this vaccine is over 95% effective, people are not getting the vaccine they need. Why isn't everyone getting vaccinated? Read the articles in the 2 attached websites and explain in 5-6 sentences the barriers to vaccination:

<https://www.npr.org/sections/goatsandsoda/2019/04/23/716121928/the-doctor-killed-in-fridays-ebola-attack-was-dedicated-but-also-afraid>

[https://www.washingtonpost.com/news/to-your-health/wp/2018/05/22/a-new-ebola-vaccine-could-help-stop-an-epidemic-but-faces-enormous-obstacles-in-crucial-test/?noredirect=on&utm\\_term=.bcbf57399719](https://www.washingtonpost.com/news/to-your-health/wp/2018/05/22/a-new-ebola-vaccine-could-help-stop-an-epidemic-but-faces-enormous-obstacles-in-crucial-test/?noredirect=on&utm_term=.bcbf57399719)

Give at least 4 reasons why not everyone is getting vaccinated: At least one should come from EACH article!

---

---

---

---

---

---

---

### Part 3: Tracking an Epidemic

Epidemiology is the study of the distribution and determinants of health problems in specified populations and the application of that information to control health problems. In other words, epidemiology is the study of health problems—specifically who they affect, what factors play a role in getting a disease and how to contain it. It is the scientific method of problem-solving used by "disease detectives," which includes epidemiologists, laboratory scientists, statisticians, physicians and other health care providers, and public health professionals. These professionals work to get to the root of health problems in a community, solving issues that range from a measles outbreak on a small college campus to a global influenza pandemic, an increase in homicide in a single community to a national surge in violence, or a localized to widespread rise in cancer.

Like investigators at the scene of a crime, disease detectives begin by looking for clues. They systematically gather information about what happened, asking questions like: who is sick? What are their symptoms? When did they get sick? Where could they have been exposed to the illness? Using statistical analysis, investigators study the answers to these questions to find out how a particular health problem entered a community. The Epidemiological Triangle is a model that scientists have developed to understand infectious diseases and how they spread is the Epidemiological Triangle. The triangle has three corners (vertices):

- **Agent**, or microbe that caused the disease (the "what" of the triangle)
- **Host**, or organism harboring the disease (the "who" of the triangle)
- **Environment**, or external factors contributing to disease transmission (the "where" of the triangle)

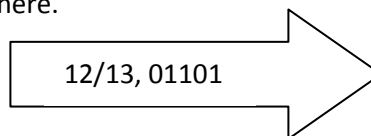
The mission of an epidemiologist is to break at least one side of the triangle, disrupting the connection between the agent, the host, and the environment, and stopping the continuation of the disease.

### Instructions

In the previous section of this lesson, you modeled an outbreak of infectious disease. In this portion, you will act as a disease detective, using patient epidemiological reports provided by healthcare workers active on-scene, to track the current outbreak of Ebola Zaire in Guinea to its origin.

Each group will be given 2-3 patient records. Based on the information provided, each group will:

1. Determine the chronology of the outbreak in Guinea. Using the chart below, indicate the date and patient case number on the flag as shown on the sample here.



Date of Onset or Date of Patient Sample	Flag color to use on Ebola Timeline
December 2013	Red
January 2014	Yellow
February 2014	Green
March 2014	Blue

2. Once you have a flag for each patient, place the flags in the correct location on the large wall map of Guinea. For patients that are deceased, label the map with the flags at the location of death

## Ebola Epidemic: Teacher Pages

### Summary

This lesson engages students in a series of inquiry-based activities providing information on the current outbreak of Ebola in West Africa, including: a jigsaw activity using resources from the Centers for Disease Control, a simulation based on fluid exchange to model the spread of an outbreak of an infectious disease, and a “disease detective”-style mapping activity based on published data outlining the start of the current Ebola outbreak in Guinea.

### Time Estimate

Two ~45 minute class periods; alternatively, the jigsaw portion can be given as a homework assignment, in which case the Modeling/Tracking an Outbreak components can fit into one class period.

### Learning Styles

Visual, kinesthetic, and auditory

### Vocabulary

**Agent:** a microbe that causes a disease (“what” of the Epidemiological Triangle)

**Endemic:** an outbreak of disease affecting a population or location at consistent levels and for consistent periods of time

**Environment:** external factors that cause or allow transmission of a disease (“where” of the Epidemiological Triangle)

**Epidemic:** an outbreak of disease affecting a disproportionately high number of individuals at a given time

**Epidemiology:** branch of science dealing with the spread and control of disease throughout populations or systems

**Host:** an organism harboring a disease (“who” of the Epidemiological Triangle)

**Index Case:** the initial patient in a population of an epidemiological investigation; also referred to as **Patient Zero**

**Outbreak:** an occurrence of disease greater than would otherwise be expected at a particular time or place

**Pandemic:** an epidemic that occurs over a wide area, such as over multiple continents or across the whole world

**Spillover Event:** Occurs when a reservoir population causes an epidemic in a novel host population. The epidemic is transmitted by the reservoir population and not the host population

### Student Learning Outcomes

The student will be able to:

- Describe the following for Ebola Virus Disease: symptoms, sources and risk factors, diagnosis and detection, treatment, prevention and control.
- Simulate the spread of an infectious disease
- Analyze and graph data, determining dependent and independent variables
- Describe the Epidemiological Triangle: agent, host, and environment
- Describe how epidemiologists think about the origins and spread of infectious disease

<p style="text-align: center;"><b>Epidemiological Report Patient Summary</b></p> <p><b>Case Number:</b> 01101  <b>Age:</b>20  <b>Gender:</b> Female  <b>Hospital:</b> Guéckédou  <b>Sample Date:</b> March 12  <b>Symptoms:</b> Fever, diarrhea, vomiting  <b>Outcome:</b> Deceased, March 18  <b>Laboratory Confirmation:</b> Y</p>	<p style="text-align: center;"><b>Epidemiological Report Patient Summary</b></p> <p><b>Case Number:</b> 01102  <b>Age:</b>25  <b>Gender:</b> Female  <b>Hospital:</b> Guéckédou  <b>Sample Date:</b> March 13  <b>Symptoms:</b> Fever, diarrhea, vomiting  <b>Outcome:</b> Deceased, March 25  <b>Laboratory Confirmation:</b> Y</p>
<p style="text-align: center;"><b>Epidemiological Report Patient Summary</b></p> <p><b>Case Number:</b> 01103  <b>Age:</b>35  <b>Gender:</b> Female  <b>Hospital:</b> Guéckédou  <b>Sample Date:</b> March 13  <b>Symptoms:</b> Fever, vomiting  <b>Outcome:</b> Deceased, March 17  <b>Laboratory Confirmation:</b> Y</p>	<p style="text-align: center;"><b>Epidemiological Report Patient Summary</b></p> <p><b>Case Number:</b> 01104  <b>Age:</b>25  <b>Gender:</b> Female  <b>Hospital:</b> Guéckédou  <b>Sample Date:</b> March 18  <b>Symptoms:</b> Fever, diarrhea, vomiting, hemorrhage  <b>Outcome:</b> Deceased, March 18  <b>Laboratory Confirmation:</b> Y</p>
<p style="text-align: center;"><b>Epidemiological Report Patient Summary</b></p> <p><b>Case Number:</b> 01105  <b>Age:</b>16  <b>Gender:</b> Female  <b>Hospital:</b> Guéckédou  <b>Sample Date:</b> March 19  <b>Symptoms:</b> Miscarriage  <b>Outcome:</b> Survived  <b>Laboratory Confirmation:</b> Y</p>	<p style="text-align: center;"><b>Epidemiological Report Patient Summary</b></p> <p><b>Case Number:</b> 01106  <b>Age:</b>27  <b>Gender:</b> Female  <b>Hospital:</b> Guéckédou  <b>Sample Date:</b> March 20  <b>Symptoms:</b> Fever, diarrhea, vomiting  <b>Outcome:</b> Deceased, Date unknown  <b>Laboratory Confirmation:</b> Y</p>
<p style="text-align: center;"><b>Epidemiological Report Patient Summary</b></p> <p><b>Case Number:</b> 01107  <b>Age:</b> 47  <b>Gender:</b> Female  <b>Hospital:</b> Guéckédou  <b>Sample Date:</b> March 20  <b>Symptoms:</b> Fever, diarrhea, vomiting  <b>Outcome:</b> Deceased, March 22  <b>Laboratory Confirmation:</b> Y</p>	<p style="text-align: center;"><b>Epidemiological Report Patient Summary</b></p> <p><b>Case Number:</b> 01108  <b>Age:</b> 29  <b>Gender:</b> Male  <b>Hospital:</b> Macenta  <b>Sample Date:</b> March 16  <b>Symptoms:</b> Fever, hemorrhage  <b>Outcome:</b> Deceased, March 16  <b>Laboratory Confirmation:</b> Y</p>

<p style="text-align: center;"><b>Epidemiological Report Patient Summary</b></p> <p><b>Case Number:</b> 01109  <b>Age:</b> 55  <b>Gender:</b> Female  <b>Hospital:</b> Macenta  <b>Sample Date:</b> March 16  <b>Symptoms:</b> Fever, diarrhea, vomiting  <b>Outcome:</b> Deceased, March 19  <b>Laboratory Confirmation:</b> Y</p>	<p style="text-align: center;"><b>Epidemiological Report Patient Summary</b></p> <p><b>Case Number:</b> 01110  <b>Age:</b> 17  <b>Gender:</b> Male  <b>Hospital:</b> Macenta  <b>Sample Date:</b> March 16  <b>Symptoms:</b> Fever, diarrhea, vomiting  <b>Outcome:</b> Unknown  <b>Laboratory Confirmation:</b> Y</p>
<p style="text-align: center;"><b>Epidemiological Report Patient Summary</b></p> <p><b>Case Number:</b> 01111  <b>Age:</b> 7  <b>Gender:</b> Male  <b>Hospital:</b> Macenta  <b>Sample Date:</b> Unknown  <b>Symptoms:</b> Fever, diarrhea, vomiting  <b>Outcome:</b> Deceased, March 26  <b>Laboratory Confirmation:</b> Y</p>	<p style="text-align: center;"><b>Epidemiological Report Patient Summary</b></p> <p><b>Case Number:</b> 01112  <b>Age:</b> 30  <b>Gender:</b> Male  <b>Hospital:</b> Macenta  <b>Sample Date:</b> February 28  <b>Symptoms:</b> Fever, vomiting  <b>Outcome:</b> Deceased, February 28 in Nzérékoré  <b>Laboratory Confirmation:</b> Y</p>
<p style="text-align: center;"><b>Epidemiological Report Patient Summary</b></p> <p><b>Case Number:</b> 01113  <b>Age:</b> 50  <b>Gender:</b> Male  <b>Hospital:</b> Macenta  <b>Sample Date:</b> March 12  <b>Symptoms:</b> Fever, diarrhea, vomiting  <b>Outcome:</b> Deceased, March 12  <b>Laboratory Confirmation:</b> Y</p>	<p style="text-align: center;"><b>Epidemiological Report Patient Summary</b></p> <p><b>Case Number:</b> 01114  <b>Age:</b> 41  <b>Gender:</b> Male  <b>Hospital:</b> Macenta  <b>Sample Date:</b> March 13  <b>Symptoms:</b> Fever, diarrhea, vomiting, hemorrhage  <b>Outcome:</b> Deceased, March 16 in Nzérékoré  <b>Laboratory Confirmation:</b> Y</p>
<p style="text-align: center;"><b>Epidemiological Report Patient Summary</b></p> <p><b>Case Number:</b> 01115  <b>Age:</b> 28  <b>Gender:</b> Female  <b>Hospital:</b> Kissidougou  <b>Sample Date:</b> March 17  <b>Symptoms:</b> Fever, diarrhea, vomiting, hemorrhage  <b>Outcome:</b> Survived  <b>Laboratory Confirmation:</b> Y</p>	

<p style="text-align: center;"><b>Epidemiological Report Patient Summary</b></p> <p><b>Case Number:</b> 02101  <b>Village:</b> Meliandou, Guéckédou  <b>Symptoms:</b> Fever, black stool, vomiting  <b>Onset:</b> December 2, 2013  <b>Outcome:</b> Deceased, December 6  <b>Investigation Details:</b> Male Child, Age 2</p>	<p style="text-align: center;"><b>Epidemiological Report Patient Summary</b></p> <p><b>Case Number:</b> 02102  <b>Village:</b> Meliandou, Guéckédou  <b>Symptoms:</b> Fever, black stool, vomiting  <b>Onset:</b> December 25, 2013  <b>Outcome:</b> Deceased, December 29  <b>Investigation Details:</b> Age 3, sister of patient 02101</p>
<p style="text-align: center;"><b>Epidemiological Report Patient Summary</b></p> <p><b>Case Number:</b> 02103  <b>Gender:</b> Female  <b>Village:</b> Meliandou, Guéckédou  <b>Symptoms:</b> Bleeding  <b>Onset:</b> Unknown  <b>Outcome:</b> Deceased, December 13  <b>Investigation Details:</b> Mother of patients 02101 and 02102</p>	<p style="text-align: center;"><b>Epidemiological Report Patient Summary</b></p> <p><b>Case Number:</b> 02104  <b>Gender:</b> Female  <b>Village:</b> Meliandou, Guéckédou  <b>Symptoms:</b> Fever, diarrhea, vomiting  <b>Onset:</b> Unknown  <b>Outcome:</b> Deceased, January 1  <b>Investigation Details:</b> Grandmother of patients 02101 and 02101</p>
<p style="text-align: center;"><b>Epidemiological Report Patient Summary</b></p> <p><b>Case Number:</b> 02105  <b>Gender:</b> Female  <b>Village:</b> Meliandou, Guéckédou  <b>Symptoms:</b> Fever, diarrhea, vomiting  <b>Onset:</b> January 29, 2014  <b>Outcome:</b> Deceased, February 2  <b>Investigation Details:</b> Nurse</p>	<p style="text-align: center;"><b>Epidemiological Report Patient Summary</b></p> <p><b>Case Number:</b> 02106  <b>Gender:</b> Female  <b>Village:</b> Meliandou, Guéckédou  <b>Symptoms:</b> Fever, diarrhea, vomiting  <b>Onset:</b> January 25, 2014  <b>Outcome:</b> Deceased, February 2  <b>Investigation Details:</b> Village Midwife</p>
<p style="text-align: center;"><b>Epidemiological Report Patient Summary</b></p> <p><b>Case Number:</b> 02107  <b>Gender:</b> Female  <b>Village:</b> Dawa, Guéckédou  <b>Symptoms:</b> Fever, diarrhea, vomiting, hemorrhage  <b>Onset:</b> January 20, 2014  <b>Outcome:</b> Deceased, January 26  <b>Investigation Details:</b> Sister of patient 02104</p>	<p style="text-align: center;"><b>Epidemiological Report Patient Summary</b></p> <p><b>Case Number:</b> 02108  <b>Gender:</b> Female  <b>Village:</b> Dawa, Guéckédou  <b>Symptoms:</b> Fever, bleeding  <b>Onset:</b> January 25, 2014  <b>Outcome:</b> Deceased, January 30  <b>Investigation Details:</b> Attended funeral of patient 02104</p>

<p style="text-align: center;"><b>Epidemiological Report Patient Summary</b></p> <p><b>Case Number:</b> 02109  <b>Symptoms:</b> Fever, hemorrhage  <b>Onset:</b> February 28, 2014  <b>Outcome:</b> Deceased, exact date unknown  <b>Investigation Details:</b> Friend of patient 02106; died in Kaliahun, Sierra Leone</p>	<p style="text-align: center;"><b>Epidemiological Report Patient Summary</b></p> <p><b>Case Number:</b> 02110  <b>Symptoms:</b> Fever, vomiting, diarrhea  <b>Onset:</b> Unknown  <b>Outcome:</b> Deceased, February 1  <b>Investigation Details:</b> Nephew of patient 02106; died in Conakry, Guinea</p>
<p style="text-align: center;"><b>Epidemiological Report Patient Summary</b></p> <p><b>Case Number:</b> 02112  <b>Village:</b> Baladou District, Guéckédou  <b>Symptoms:</b> Fever, diarrhea, hemorrhage  <b>Onset:</b> February 28, 2014  <b>Outcome:</b> Deceased, March 12  <b>Investigation Details:</b> Trader by occupation; traveled to Loffa County, Liberia prior to death</p>	<p style="text-align: center;"><b>Epidemiological Report Patient Summary</b></p> <p><b>Case Number:</b> 02113  <b>Village:</b> Pombo, Guéckédou  <b>Symptoms:</b> Fever, hemorrhage  <b>Onset:</b> February 4, 2014  <b>Outcome:</b> Deceased, February 11  <b>Investigation Details:</b> Family member of patient 02106</p>
<p style="text-align: center;"><b>Epidemiological Report Patient Summary</b></p> <p><b>Case Number:</b> 02114  <b>Village:</b> Pombo, Guéckédou  <b>Symptoms:</b> Fever, vomiting, diarrhea  <b>Onset:</b> February 5, 2014  <b>Outcome:</b> Deceased, February 10  <b>Investigation Details:</b> Related to patient 01107. Health care worker at Guéckédou hospital; died in Macenta</p>	<p style="text-align: center;"><b>Epidemiological Report Patient Summary</b></p> <p><b>Case Number:</b> 02115  <b>Symptoms:</b> Vomiting, bleeding, hiccups  <b>Onset:</b> February 19, 2014  <b>Outcome:</b> Deceased, February 24  <b>Investigation Details:</b> Doctor of patient 02114 at Macenta hospital. Funeral took place in Kissidigou</p>
<p style="text-align: center;"><b>Epidemiological Report Patient Summary</b></p> <p><b>Case Number:</b> 02116  <b>Symptoms:</b> Fever, vomiting  <b>Onset:</b> February 24, 2014  <b>Outcome:</b> Deceased, March 7  <b>Investigation Details:</b> Brother of patient 02115</p>	<p style="text-align: center;"><b>Epidemiological Report Patient Summary</b></p> <p><b>Case Number:</b> 02117  <b>Symptoms:</b> Fever, vomiting, hiccups  <b>Onset:</b> February 24, 2014  <b>Outcome:</b> Deceased, March 8  <b>Investigation Details:</b> Brother of patient 02115</p>



NAME(S): \_\_\_\_\_ Period \_\_\_\_\_

**A "Method" to the Madness: Analyzing the Ebola Epidemic**

**Part 1: What is Ebola and how is it spread?**

Watch video: <https://www.youtube.com/watch?v=UMMwgvLmN-M> (Your teacher may show this video to the class as a group)

Go to the following Website to answer the questions that follow. Also click on the Ecology graphic on the right of the webpage to help answer the questions. <https://www.cdc.gov/vhf/ebola/about.html>

**From "What is Ebola Virus Disease":**

1. How many viruses are in the genus Ebolavirus? 6 How many cause disease in humans? 4

**From "History of Ebola Virus Disease"**

- 2. Where did the name "Ebola" come from? The first outbreak was in a village near the Ebola river in Democratic Republic of Congo
- 3. Originally, there were 2 outbreaks in different locations and scientists thought the outbreaks were associated with one infected person who traveled to both locations. What evidence supported that the outbreaks came from two different sources? The 2 outbreaks were caused by 2 genetically different viruses
- 4. When it comes to viruses, what is a "reservoir"? The source of a disease (animal, plant, insect)
- 5. What animal do they believe might be the reservoir for Ebola? African fruit bats (but they aren't sure)
- 6. How was the virus transmitted during the first outbreak in Zaire? Nurses were reusing syringes (5 syringes were used for 300 to 600 patients per day. Also contact with blood and poor nursing techniques)

**From "Transmission"**

- 7. Name 4 different ways the virus can be spread:
  - a. Blood or body fluid
  - b. Contaminated objects (needles, etc)
  - c. Infected bats or primates
  - d. Semen from recovered man
- 8. Can a person spread the virus if they do not have symptoms? NO

**From "Signs and Symptoms"**

- 9. What is the average number of days before symptoms appear? 8-10 days (can be from 2 - 21 days)
- 10. From the list of symptoms, which one do you think leads to death? Answers vary - likely Hemorrhage would be most deadly symptom

**From "Treatment"**

The mortality rate for those infected with Ebola is about 50%.

- 11. What are 2 interventions provided to improve chances of survival?
  - a. Providing fluids & electrolytes
  - b. Oxygen Therapy

Also possible answers - medication to support blood pressure, reduce vomiting and diarrhea and to manage fever. Or treating other infections if they occur

NAME(S): \_\_\_\_\_ Period \_\_\_\_\_

**Part 2: Modeling an Epidemic (How do scientists trace an epidemic?)**

Adapted from University of Florida Center for Precollegiate Education and Training: <https://www.cpet.ufl.edu/resources/curricula/biomedical-curriculum-series/ebola-epidemic/>

1. Take a cup of liquid from your teacher.
2. When told to do so, find a partner and pour all the liquid from one cup into the other. Then pour half of the liquid back so that both cups have the same amount they began with. This will simulate the exchange of fluids between 2 people and also the spread of infection (if one of you is infected). Repeat this step with 2 other partners. Record the names of your 3 partners below:

Person 1: ANSWERS VARY Person 2: \_\_\_\_\_ Person 3: \_\_\_\_\_

3. Your teacher will provide you with a test strip to see if you are infected. This will simulate an antibody test that might be given in the field to test a person for infection. Your teacher will show you both a POSITIVE CONTROL and a NEGATIVE CONTROL.

What is the purpose of using both a Positive and a negative control in this experiment? \_\_\_\_\_  
Positive control shows what a positive test will look like and shows the test paper works - negative shows what negative will look like & again confirms test paper works.

Take a picture of the Positive and negative control and insert it on the left. On the right, insert a picture of your result and identify if you were infected:

POSITIVE CONTROL	NEGATIVE CONTROL	YOUR TEST Circle (INFECTED, NOT INFECTED)
SHOULD BE BLUE	SHOULD BE YELLOW/ GREEN	Answers vary but if picture is positive they should have circled INFECTED and if negative they should circle NOT INFECTED

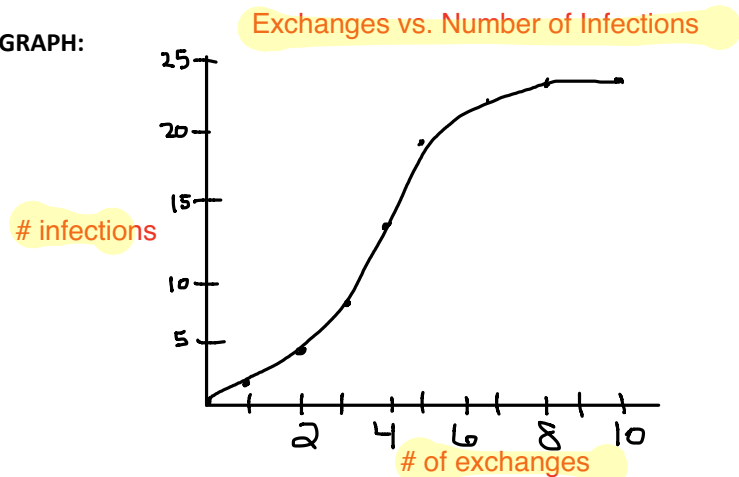
How many people were infected? Answers vary Could you determine the source? Usually students can get it down to 2 people

Name the suspected source(s): \_\_\_\_\_

On the left is some data from a sample groups of 25 that performed this lab using different numbers of exchanges. Graph this data and draw a conclusion about the relationship between the number of exchanges and the number of infections:

Number of Exchanges	Number of Infections
1	2
2	4
3	8
4	14
5	20
6	22
7	23
8	25
9	25
10	25

GRAPH:



Conclusion: The more exchanges, the higher the number of infections

**Part 3: Tracking an Epidemic**

INSTRUCTIONS FOR PART 3 - TAKEN FROM CPET ACTIVITY (COPIES SHOULD BE PROVIDED TO STUDENTS!)

Epidemiology is the study of the distribution and determinants of health problems in specified populations and the application of that information to control health problems. In other words, epidemiology is the study of health problems—specifically who they affect, what factors play a role in getting a disease and how to contain it. It is the scientific method of problem-solving used by "disease detectives," which includes epidemiologists, laboratory scientists, statisticians, physicians and other health care providers, and public health professionals. These professionals work to get to the root of health problems in a community, solving issues that range from a measles outbreak on a small college campus to a global influenza pandemic, an increase in homicide in a single community to a national surge in violence, or a localized to widespread rise in cancer.

Like investigators at the scene of a crime, disease detectives begin by looking for clues. They systematically gather information about what happened, asking questions like: who is sick? What are their symptoms? When did they get sick? Where could they have been exposed to the illness? Using statistical analysis, investigators study the answers to these questions to find out how a particular health problem entered a community. The Epidemiological Triangle is a model that scientists have developed to understand infectious diseases and how they spread is the Epidemiological Triangle. The triangle has three corners (vertices):

- **Agent**, or microbe that caused the disease (the "what" of the triangle)
- **Host**, or organism harboring the disease (the "who" of the triangle)
- **Environment**, or external factors contributing to disease transmission (the "where" of the triangle)

The mission of an epidemiologist is to break at least one side of the triangle, disrupting the connection between the agent, the host, and the environment, and stopping the continuation of the disease.

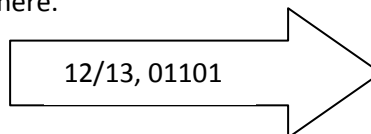
LINK for MAP to print: <https://www.un.org/Depts/Cartographic/map/profile/guinea.pdf>

**Instructions**

In the previous section of this lesson, you modeled an outbreak of infectious disease. In this portion, you will act as a disease detective, using patient epidemiological reports provided by healthcare workers active on-scene, to track the current outbreak of Ebola Zaire in Guinea to its origin.

Each group will be given 2-3 patient records. Based on the information provided, each group will:

1. Determine the chronology of the outbreak in Guinea. Using the chart below, indicate the date and patient case number on the flag as shown on the sample here.



Date of Onset or Date of Patient Sample	Flag color to use on Ebola Timeline
December 2013	Red
January 2014	Yellow
February 2014	Green
March 2014	Blue

2. Once you have a flag for each patient, place the flags in the correct location on the large wall map of Guinea. For patients that are deceased, label the map with the flags at the location of death

**Part 3: Mapping an Epidemic (Trace a real epidemic from data)**

Use the directions in the activity “Tracking an Epidemic” sheet. Your teacher will put you in groups to do the activity.

Taken From University of Florida Center for Precollegiate Education and Training: <https://www.cpet.ufl.edu/resources/curricula/biomedical-curriculum-series/ebola-epidemic/>

Insert a picture of your completed map below

SAMPLE PICTURE FROM CPET



**Questions:**

1. When did the outbreak begin? December 2013 Where? Guékédou
2. Who was patient Zero in this outbreak? Patient 02101 Two year old boy
3. Based on your previous reading on page 1, how might the first patient have become infected?  
Answers may vary - likely bitten by bat or came in contact with infected animal or food contaminated by animal body fluids
4. Which patients were likely responsible for bringing the outbreak to each of the other cities? (Name at least 5 and include how they caught the disease, and to what city they brought the disease)  
02109 was friend of patient 02106 and brought disease to Kaliahun  
02110 was nephew of 02106 and brought disease to Conakry  
02114 was Healthcare worker at hospital and relative of 01107 brought disease to Macenta  
02115 was doctor of patient 02114 and went to Kissidigou for funeral  
01112 and 01114 were patients at Macenta hospital but went to N'Zérékore

POSSIBLE ANSWERS INCLUDE:

**Part 4: Analyzing Data from an Epidemic**

The following data table shows a breakdown of the number of Ebola cases from 1976 to 2014 according to the World Health Organization. Use this data to answer the questions that follow:

Country	Year	Number of cases	Number of death
Sudan	1976	284	151
Democratic Republic of Congo	1976	318	280
Democratic Republic of Congo	1977	1	1
Sudan	1979	34	22
Gabon	1994	52	31
Democratic Republic of Congo	1995	315	254
South Africa	1996	1	1
Uganda	2000	425	224
Congo	2001	59	44
Gabon	2001	65	53
Sudan	2004	17	7
Congo	2005	12	10
Uganda	2007	149	37
Democratic Republic of Congo	2007	264	187
Democratic Republic of Congo	2008	32	14
Uganda	2011	1	1
Democratic Republic of Congo	2012	57	29
Uganda	2012	7	4
Uganda	2012	24	17
Liberia-Guinea-Sierra Leone (ongoing)	2014	453	245

Total cases: 2570  
DRC Cases: 987  
DRC Deaths: 765

Table copied June 2019 from: <https://www.pbs.org/newshour/extra/app/uploads/2014/09/Ebola-outbreak-analyzing-the-data-worksheet.pdf>

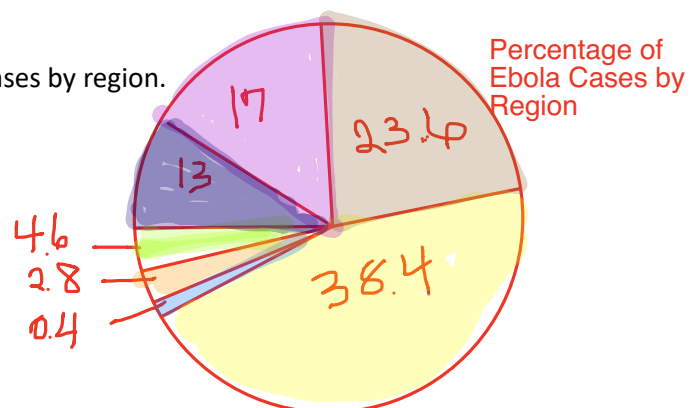
1. What percentage of all cases occurred in the Democratic Republic of Congo? 38.4%
2. Based on this data, what is the average fatality rate (# deaths/# cases) for the Democratic Republic of Congo? 77.5%
3. In which year were there the most cases? 1976 In which were there the most fatalities? 1976  
*NOTE: They must combine 2 countries to get this year as answer.*
4. Fill in the table below summarizing cases by region:

Region	# of Cases	Percentage of Cases
Congo	71	2.8%
Democratic Republic of Congo	987	38.4%
Gabon	117	4.6%
Liberia-Guinea-Sierra Leone	453	17.6%
South Africa	1	0.4%
Sudan	335	13%
Uganda	606	23.6%
<b>TOTAL:</b>	<b>2570</b>	<b>100%</b>

Answers may vary slightly depending on rounding!

5. Create a Pie Chart that shows the overall PERCENTAGE of cases by region.

SAMPLE: Color coded to country above



NAME(S): \_\_\_\_\_ Period \_\_\_\_\_

In 2015, scientists had developed an experimental vaccine. Although it does not have FDA approval yet, scientists received approval from the National Regulatory Authority of DRC and the Ethics Review Committee of the Ecole de Santé Publique in Kinshasa to use this vaccine (rVSV-ZEBOV). They used a ring vaccination method. This entailed vaccinating contacts and contacts of contacts of the infected as well as health care workers who were treated infected people. Watch the video on Ring Vaccination from the WHO: <https://www.youtube.com/watch?v=4dL1kqLLXbw>

What is the purpose of using the ring vaccination method? (rather than mass vaccinations?)

This treats the most likely people to become infected and therefore protects the others.  
 It may not be feasible to vaccinate everyone, particularly if the vaccine is not FDA approved yet - but we can vaccinate those most at risk to stop they spread.

In order to conduct a true controlled experiment, what should have been the negative control group?

A group not given any treatment or given a placebo.

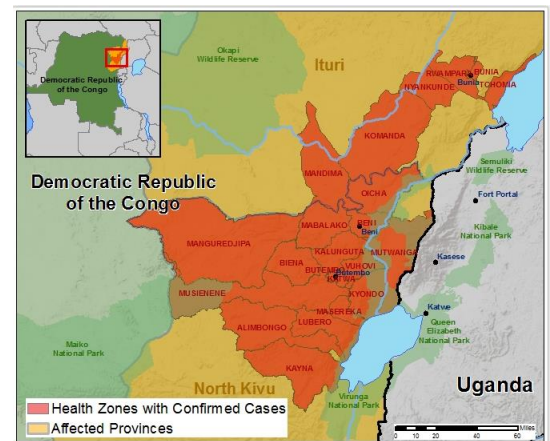
Scientists modified the control group in this experiment. They vaccinated some in the ring immediately and then vaccinated the rest 21 days later. Why do you think scientists made this decision (based on what you know about Ebola)?

This would be more humane since Ebola is deadly.

In 2018, there was another outbreak of Ebola in the Democratic Republic of Congo.

The table below shows Confirmed and probable Ebola virus disease cases, and number of health areas affected, by health zone, North Kivu and Ituri provinces, Democratic Republic of the Congo, data as of 14 May 14, 2019 according to the World Health Organization.

Province	Health Zone	During the last 21 days (24 April – 14 May)		Cumulative to date				
		Confirmed Cases reported	Health areas: reporting at least 1 case / Total areas in zone	Confirmed cases	Probable cases	Total cases	Deaths among confirmed cases	Total deaths
North Kivu	Alimbongo	1	1/20	1	0	1	0	0
	Beni	30	8/18	285	9	294	153	162
	Biena	1	1/14	7	1	8	8	9
	Butembo	41	14/15	170	0	170	190	190
	Kalunguta	31	12/18	85	15	100	40	55
	Katwa	97	16/18	547	14	561	366	380
	Kayna	1	1/18	8	0	8	4	4
	Kyondo	2	2/22	19	2	21	13	15
	Lubero	6	5/18	10	2	12	2	4
	Mabalako	50	9/12	149	16	165	103	119
	Manguredjipa	5	1/9	10	0	10	4	4
	Masereka	3	3/16	36	3	39	14	17
	Musienene	32	7/20	44	1	45	22	23
	Mutwanga	1	1/19	5	0	5	3	3
Oicha	1	1/25	41	0	41	20	20	
Vuhovi	2	1/12	79	12	91	28	40	
Ituri	Bunia	0	0/20	1	0	1	1	1
	Komanda	1	1/15	28	9	37	10	19
	Mandima	45	7/15	155	4	126	74	78
	Nyakunde	0	0/12	1	0	1	1	1
	Rwampara	0	0/11	1	0	1	1	1
	Tchomia	0	0/12	2	0	2	2	2
<b>Total</b>		<b>350</b>	<b>91/359 (27%)</b>	<b>1651</b>	<b>88</b>	<b>1739</b>	<b>1059</b>	<b>1147</b>



Data taken June 2019 from: <https://www.who.int/csr/don/16-may-2019-ebola-drc/en/> Map: <https://www.cdc.gov/vhf/ebola/outbreaks/drc/east-drc-map.html>

- Based on this table, what percentage of confirmed cases came from North Kivu? 90.6% Ituri? 9.4%
- What is the average mortality rate for confirmed cases in North Kivu? 64.8%
- What is the average mortality rate for confirmed cases in Ituri? 57.4%

NAME(S): \_\_\_\_\_ Period \_\_\_\_\_

Ring Vaccination protocol was initiated and continues in the Republic of Congo. Unfortunately, although this vaccine is over 95% effective, people are not getting the vaccine they need. Why isn't everyone getting vaccinated? Read the articles in the 2 attached websites and explain in 5-6 sentences the barriers to vaccination:

<https://www.npr.org/sections/goatsandsoda/2019/04/23/716121928/the-doctor-killed-in-fridays-ebola-attack-was-dedicated-but-also-afraid>

[https://www.washingtonpost.com/news/to-your-health/wp/2018/05/22/a-new-ebola-vaccine-could-help-stop-an-epidemic-but-faces-enormous-obstacles-in-crucial-test/?noredirect=on&utm\\_term=.bcbf57399719](https://www.washingtonpost.com/news/to-your-health/wp/2018/05/22/a-new-ebola-vaccine-could-help-stop-an-epidemic-but-faces-enormous-obstacles-in-crucial-test/?noredirect=on&utm_term=.bcbf57399719)

Give at least 4 reasons why not everyone is getting vaccinated: At least one should come from EACH article!

1. Health care workers are in danger of being shot by the civil unrest in the area & can't get to patients due to this limitation

2. Bad roads & no electricity

3. High temperatures make it hard to keep the vaccine stable

4. Lack of trust in the community

5. Poor people who don't seek medical care for themselves or their children

6. Side effects of medication

7. People can't afford to miss work (miss pay) in order to receive treatment



# A "METHOD" TO THE MADNESS

## Analyzing the Ebola Epidemic

Cristin Calder

AP Biology

Archbishop McCarthy HS



# Purpose/Rationale

- In AP Biology, students must be able to analyze parts of an experiment, perform calculations from data, and make and read tables and graphs
- This activity has students apply the scientific method in the context of a real-world problem – the Ebola epidemic(s) in Africa
- In the past, I used fake data and experiments as examples of the scientific method. In this unit, I can introduce students to real data on a relevant topic so they can see how the scientific method is applied in the field.
- Students will be able to:
  - Model an Epidemic
  - Trace an Epidemic to its source
  - Identify the parts of the experiment
  - Distinguish between positive and negative control groups
  - Analyze data and create graphs to represent data
  - Describe the limits of science in real situations

# Overview of Activities

- Designed to be covered in 3 days in conjunction with a review of the scientific method and graphing skills
- Data sheet filled out and submitted at the end of the module
  - **Day 1:** Modified from the CPET Ebola Epidemic Activity– students will use information from the CDC website to answer questions about the virus. Then, we will model an epidemic & track the source
  - **Day 2:** Modified from the CPET Ebola Epidemic Activity - Students map the 2014 epidemic and answer questions about the source & spread of the disease
  - **Day 3: NEW!!** Students will analyze data from Ebola outbreaks throughout the years and calculate percentage of cases by location & year and percent mortality. They will create a pie graph of data. They will also analyze data from the 2018 outbreak, analyze the vaccination trials, and describe limits to the vaccination efforts

# Example of skills for Part 3:

Country	Year	Number of cases	Number of death
Sudan	1976	284	151
Democratic Republic of Congo	1976	318	280
Democratic Republic of Congo	1977	1	1
Sudan	1979	34	22
Gabon	1994	52	31
Democratic Republic of Congo	1995	315	254
South Africa	1996	1	1
Uganda	2000	425	224
Congo	2001	59	44
Gabon	2001	65	53
Sudan	2004	17	7
Congo	2005	12	10
Uganda	2007	149	37
Democratic Republic of Congo	2007	264	187
Democratic Republic of Congo	2008	32	14
Uganda	2011	1	1
Democratic Republic of Congo	2012	57	29
Uganda	2012	7	4
Uganda	2012	24	17
Liberia-Guinea-Sierra Leone (ongoing)	2014	453	245

The vaccine trials are then presented & students ID discuss the ring vaccination and modified control group rationale. They finish by reading articles on the problems faced trying to get vaccine to people.

They must break down the cases by region and calculate percentage from each region. Then they must make a pie graph of the data. They also have to answer questions about which year has most cases, which location has highest mortality rate, etc.

Region	# of Cases	Percentage of Cases
Congo		
Democratic Republic of Congo		
Gabon		
Liberia-Guinea-Sierra Leone		
South Africa		
Sudan		
Uganda		
<b>TOTAL:</b>		100%