An Investigation of the Effects of integrating Team-based Learning into the Honors Biology Genetics Unit on Student Achievement

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Abstract:

Team-based Learning (TBL) is a learning system developed by Dr. Larry Michaelsen. It incorporates many elements of evidence-based teaching and stresses the application of information learned during a course. Studies have been conducted on the efficacy of TBL in the professional school setting but not in secondary schools. This study will attempt to determine the effects of implementing Team-based Learning modules on the content mastery of students during the Genetics unit. Classes will grouped into those receiving TBL and those that are not. Pre and post test data will be collected and statistical tests will be applied to determine if TBL implementation had a significant impact on student learning.

Rationale:

Instruction in public school was designed to properly train factory workers as evidenced by the traditional lecture class with students in rows with the teacher transferring knowledge and skill through direct instruction. There is little to no cooperative discussion and while some students are gaining knowledge, not all students are. Problems in industry are not solved by individuals but by teams of professionals with varying backgrounds through open discussion and team meetings.

This paradigm shift is also occurring in the sciences with research responsibilities transitioning from an individual to a team effort. A story posted on *Wired* discusses two research teams that each had the same problem. During the experiment, the protein that was being synthesized was adhering to the filter so measurement was impossible. One team consisted of E. coli specialists while the other was comprised of geneticists, biochemists, molecular biologists and medical students. The first team of the E. coli experts synthesized multiple solutions and tested them over many weeks. Eventually a fix was discovered but the process was time consuming and inefficient. The other team had no protein experts so each member was able to contribute ideas equally. Within 10 min of reciprocating ideas amongst each other the problem was solved. Transcripts of the meeting revealed that the diversified team lacked a common language and were forced to rely on analogies and encouraged the members to reconsider

assumptions (Lehrer, 2009). Dr. Kevin Dunbar terms this "distributed reasoning." The study highlighted that while "distributed reasoning" is usually beneficial it will be ineffective if the team members have too similar a background as they will have the same solutions or if the teams are too diverse and have different goals (Dunbar, 2000). Students in high school must be taught how to function properly as a team and make progress towards goals.

Team based learning (TBL) is a cooperative structure that creates a group of diverse students and tasks them with solving authentic, relevant problems. So far there have been no reported studies on the application or effectiveness of TBL in the secondary school setting. Many professional schools (medical, business, nursing & pharmacy) have adopted the approach with positive results. Empirical studies have shown increased test performance, outlooks on group work and attendance/engagement. TBL also encompasses many of the 6 best practices of evidence based teaching as described by Petty such as feedback and concept-driven decisions (Michaelson, 2011).

Implementation of the strategies will be challenging as students will have had little to no exposure to this type of learning. As discussed in the article "Time to Adjust" students have been conditioned to be passive learners and will resist being an active member of the process. While initial perceptions are most likely to be negative it is important to continue the implementation as the study showed increased gains after the second year of implementation (Mennenga, 2015).

Severiens, Knipples van Mil, and Ten Dam (2010) stated that learning modules should stimulate active learning, use authentic tasks and stimulate reflection. TBL directly addresses these elements. Students must come with a certain mastery of the material, apply the material to solve real-world problems and then during the intergroup discussion students are able to reflect the reasoning behind their answer choice.

This study will investigate the effects of team based learning implementation on content mastery measured by assessment data during the genetics unit.

Implementation:

Team-based learning (TBL) has been shown to be effective in the professional school setting (Michaelson, 2011). TBL consists of four main elements: Strategically formed, permanent teams, readiness assurance, 4-S application activities and peer feedback. Teams should be permanent to increase the chances of better cooperation and interdependence. Readiness assurance is a four step process to ensure students have the content knowledge to use during the application activities. Students will be assigned a pre-reading to read before class. In class students will be given an individual readiness assurance test (iRAT). The iRAT will consist of 5-10 multiple choice questions testing concepts in the pre-reading material. The next phase is the team readiness assurance test (tRAT). Students will complete the same multiple choice assessment in their groups using immediate feedback assessment technique (IF-AT) cards. In 99% of the trials, tRAT scores averaged higher than the highest iRAT score. The fourth step is the appeals process where students may appeal to the instructor if they believe their answer is correct and must cite evidence from the prereading materials. After the readiness assurance process (RAP), the teacher can use the results from the RATs to determine if there are any conceptual deficiencies that could be corrected with a short discussion or lecture.

The third stage is the 4-S application. Students will be assigned to answer a **significant** problem either through a scenario with multiple choice questions or through the creation of a product such as a graphic organizer. Students will be tasked with making a s**pecific** choice among questions with other likely answers. Each group will work on the **same** problem so groups will be able to learn from each other's rationale. Students will report their answers **simultaneously** using cards or whiteboards. The groups will then discuss the basis for their choice of answer using concepts learned earlier.

The final stage is peer evaluation. Students must not only be accountable to themselves but to the other members in the group. Each member of the group must provide constructive feedback concerning the other members. The instructor knows who provided individual feedback however the students do not so honest negative feedback is more likely if warranted.

The study will be conducted in Honors Biology classes. Two classes will be taught incorporating TBL while others taught by different instructors will serve as the control. Within the first few weeks of school, teams of 4-5 students will be created during class time based on factors such as gender and content knowledge. The teams will stay together for the rest of the year during TBL activities to foster cooperation amongst the members. TBL principles will be implemented in phases beginning with the 4-S phase towards the beginning of the year. More elements will be added with a full implementation by the Genetics unit in December. The main focus of the study will be conducted during this Genetics unit. The three week unit will consist of traditional lessons including a Gel Electrophoresis (Nature's dice activity) with a pedigree creation. The unit will culminate with the TBL module.

Connection to Bench to Bedside:

Team-based learning modules were covered by Dr. Wayne McCormack. "Modes of Inheritance (Nature's Dice)" was an activity during the institute. E-gel equipment will be provided by the CPET staff.

Data Collection:

Four classes will be divided into two groups. Two will form the experimental group consisting of TBL implementation and two will serve as the control. All students will take a pretest concerning genetics. After completion of the unit, a post assessment will be given. Students will be de-identified after the pairing process. A standard t-test will be used to compare the post test data from the experimental group receiving TBL and the control group. A paired t-test will be used to compare pre and posttest from the experimental group. If the p values from either test is less than 0.05 then the results can be said to be significant.

Literature Cited:

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- Lehrer, J. (Ed.). (2009, December 21). Accept Defeat: The Neuroscience of Screwing Up. Retrieved June 25, 2015, from http://www.wired.com/2009/12/fail_accept_defeat/

Mennenga, H. (2015). Time to Adjust. *Nurse Educator*, 40(2), 75-78. doi:10.1097/NNE.00000000000116

Michaelsen, L., & Sweet, M. (2011). Team-based learning. *New Directions for Teaching and Learning,* 2011(128), 41-51. doi:10.1002/tl.467

Budget:

2 E-Gel® Agarose Gels with SYBR SafeTM DNA Gel Stain Starter Kit, 1.2% #G6206-01 \$133 each=

\$266

DNA markers/enzymes will be provided by CPET

Carolina DNA and Marker Only refill Item # 211018C \$115

Permissions:

Principal and district staff will be made aware of the study.

SINGLE LESSON PLAN					
Teacher: Patrick Kelly Con			tent Area/Grade: Honors Bio		Date:
Unit Name:	Genetics				
Unit Goal What unit goal does this daily lesson address?		Standard(s)/Benchmark(s) What standard(s)/benchmark(s) does this daily lesson address?			
Students will be able to be to describe the process of gene inheritance through Medelian and Non-Mendelian mechanisms		SC.912.L.16.1			
Students will understand that What should the students understand by the end of today's lesson?		Essential Questions What essential question(s) does this lesson address?			
 Traits are inherited through units called genes Alleles can either be dominant or recessive Gel Electrophoresis can be used to determine what alleles are present in a person Pedigrees can be analyzed to determine the mode of inheritance 		How are genes passed from parent to offspring?			
Connecting Concepts How will you review yesterday's content and connect today's lesson to it?		Organizing Students for Learning How will students be organized today for the lessons activities?			
Bellringer question on dominant vs recessive traits. Discuss how we can use biotech equipment to determine a persons genotype.		Students will be organized in their standard seating groups			
LEARNING EXPERIENCES, INSTRUCTION AND RESOURCES What activities or experiences (from your Unit Plan) will students engage in today?					
Lesson Sequen	ce				
Activating Pri Knowledge	Bellringer question/Class discussion about dominant vs recessive traits		Brainstorming cipation Guide I Sort k-Pair-Share		
Explicit Instruction	Brief lecture/demonstration about what Gel Electrophoresis is and how to run the gel it ion		□ Mot □ Lect ☑ Dem □ Note	ivational Hook ure ionstration e-taking Guide	

Lesson Sequence			Resources and	
Group Processing of New Information	Students will prepare samples of the DNA with restriction enzymes and load the gels using micropipettes.	 □ Jigsaw □ Reciprocal Teaching ☑ Concept Attainment □ Think-Pair- Share 	Lab / Inquiry Activity	Materials Materials Computer LCD Projector Paper Pencils Whiteboards Markers
Elaborative Questioning	Students answer questions in the lab instructions packet	 Inferential Questions Analytic Questions Philosophical Chairs 		 Butcher Paper Response Cards Post-it Notes Video Clip(s):
Demonstrating Understanding	Students report results of their gel to the class and the fill in the pedigree. Answer analysis questions at end of lab	 Graphic Organizers Picture Notes Flow Charts Concept Maps Mnemonics Graffiti 		□ Website(s): ⊠ Lab Materials:
Reflection	Have class discussion concerning the observations they made and any possible irregularities in the pedigree	 Reflective Journ Think Logs Exit Ticket (Stud Learning) 	hals dent	1. Nature's Dice from Carolina
Daily Progress Monitoring Assessment	Answers to analysis questions	 Quiz Journal Exit Ticket (for Content) Response Cards 	5	
Based in the results be revisited in the n	from your Daily Progress Monitoring Assessment, v ext lesson?	what concepts need	to	Homework



Leesburg High School Science Learning Scale

GRADE /CONTENT: ___9-10 Biology _____NGSS: ___SC.912.L.16.1 _____

Learning Goal: Students will be able to be to describe the process of gene inheritance through Medelian and Non-Mendelian mechanisms

Score 4.0	Students I/will No major errors regarding the score 4.0 content –		
	 I can design an experiment to determine whether two genes are linked 		
	 I can create a pedigree of my own family 		
Score 3.0	Students I/ will No major errors regarding the score 3.0 content –		
	 I can calculate the probability of certain genotypes or phenotypes using a Punnett Square 		
	 I can explain how Mendel's laws are applied in a Punnett square. 		
	 I can analyze a pedigree to determine a trait's mode of inheritance 		
	I can analyze test crosses to predict the probability of offspring having certain genetic disorders		
Score 2.0	Students I/ will No major errors regarding the score 2.0 content		
	 I can determine where to place the alleles on a Punnett square 		
	 I can describe how to read a pedigree 		
Score 1.0	With help, partial success at score 1.0 content		
	 I can define allele, gene, homozygous and heterozygous 		
	 I can define sex-linked, codominance and incomplete dominance 		
Score 0.0	Even with help, no success -		
	 My parents have type O blood and mine is AB 		

UNIT PLAN			
Unit Title: Genetics	Content Area/Grade: Honors Bio		
Teacher: Patrick Kelly	Implementation Time Frame: 3 weeks		
STAGE 1: THE DESIRED RESULTS What are my learning goals?			
Unit Goal Students will understand that	Standard(s)/Benchmark(s) What standard(s)/benchmark(s) does this daily lesson address?		
Students will be able to be to describe the process of gene inheritance through Medelian and Non-Mendelian mechanisms	SC.912.16.1		
Related Misconceptions What misconceptions are predictable?	Students will know Vocabulary, terminology, definitions		
 All mutations are harmful Single gene codes for most traits Dominant traits are always most common in population 	Vocabulary Genetics Genes Allele Recessive Dominant Codominant 		
Essential Questions What questions will foster inquiry, understanding and transfer of learning?	 Sex-linked Homozygous 		
 How did Mendel's experiments shape the science of genetics? How do math and probability relate to science and genetics? 	 Heterozygous Punnett Square Incomplete Dominance 		
Students will know key facts, formulas, critical details, important events, important people, timelines			
 You need to know how to use Mendel's laws of segregation and independent assortment to analyze patterns of inheritance. You need to know how dominant, recessive, codominant, sex-linked, polygenic, and multiple allele modes of inheritance cause observed inheritance patterns. 			
Students will be able to Specific skills students will acquire as a result of this unit			
 Use Punnett squares to solve problems. Analyze pedigrees to determine mode of inheritance 			

• Use Gel Electrophoresis equipment

STAGE 2: ASSESSMENT EVIDENCE What evidence will show that my students have achieved the learning goals?

Performance tasks:

Through what specific "real-world" performance task(s) will students demonstrate their understanding of the learning goals?

- Proper use and analysis during Gel Electrophoresis activity
- Answers/rationale behind choices during Team-based learning module

Rubric

By what criteria will "performance of understanding" be judged?

See scale

Other Evidence: What other evidence needs to be collected in order to monitor student progress on these concepts and skills along the way?	Self-Assessment/Reflection How will students reflect and self-assess their learning?
Quiz data	Students will evaluate themselves on the learning scale and explain why they rated themselves as they did.

STAGE 3: LEARNING EXPERIENCES, INSTRUCTION, AND RESOURCES What activities will help my students achieve the learning goals?		
W hat here	What is expected? How will you ensure that students are aware of the learning goals? Where are your students? How will you establish your students' prior knowledge?	
	Students are expected to meet the learning goal. I will remind students daily of the learning goal and the scale with the goal will be on their tables. I will establish prior knowledge through a classroom discussions	
	How will you hook students at the beginning of the unit? How will you hold their attention throughout the units?	
ook old	I will use PTC test paper and discuss why some students can/cannot taste the paper. Throughout the unit I will hold their attention through lessons such as dragon genetics, the gel electrophoresis and the TBL module at the end	
xperience	What critical input experience will help students explore the key ideas and essential questions? How will you equip your students with needed skills and knowledge?	
E xplore quip	The gel electrophoresis (Nature's Dice) and TBL module are the most important. I will review and demo how to run a gel and remind students of how to behave during a TBL session.	
eflect ethink ehearsing evising efining	How will you encourage students to reflect and rethink ? How will you guide students in the process of rehearsing , revising , and refining their work?	
	Students will have to complete the tRAT during the TBL module where they will be forced to reflect on their personal answer and most likely rethink with the input of others. I will monitor the room during the session and ask them to explain their rationale.	
E xhibit valuate	How will you help students to exhibit and self-evaluate their developing skills, knowledge and understanding throughout the unit?	
	We will discuss solutions to problems in class.	
Tailor	How will you tailor your instruction to meet the different needs, interests and abilities of all learners in your classroom?	
	Groups will be formed heterogeneously. Lessons will incorporate activities from quick note taking to hands on wet labs.	
Organize	How will you organize and sequence the learning activities to maximize the engagement and achievement of all students?	
	We will discuss simple Mendelian genetics first and have students practice those skills. We will then move onto more complex patterns of inheritance such as sex-linked.	

Big Idea:		Standard(s)/Benchmark(s):	
Unit:			
Grade:		Sample Activities	
Score 4.0	In addition to Score 3.0, in-depth inferences and applications that go beyond what was taught.		
Score 3.0	The student:		
	The student exhibits no major errors or omissions		
Score	 There are no major errors or omissions regarding the simpler details and processes as the student: Recognizes or recalls specific terminology 		
2.0	• Performs basic processes, such as: However, the student exhibits major errors or omissions regarding the more complex ideas and processes		
Score	With help, a partial understanding of some of the simpler details and		
1.0	processes and some of the more complex ideas and processes.		
Score 0.0	Even with help, no understanding or skills demonstrated.		