



2022 University of Florida  
Student Science Training Program  
Participant Handbook



# 2022 UF SSTP Participant Handbook

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# University of Florida Student Science Training Program

## Overview

The University of Florida Student Science Training Program (UF SSTP) is a seven-week residential research participation program for up-to 90 gifted and highly talented high school rising seniors who are considering pursuing science, technology, engineering, and math (STEM) majors in college. The UF SSTP creates an environment that promotes the academic and personal growth of students, helping each develop important leadership, organizational, professional communication, and interpersonal skills in an academically enriching setting. Mentored **Laboratory and Academic Research Participation**, **Faculty Lectures** by prominent University researchers, and college-level **Interdisciplinary Honors Seminars**, provide program participants with science and engineering opportunities beyond those normally available at the high school level. In addition to the core academic of the program, the UF SSTP provides a well-rounded experience to participants. Students participate in leadership development, service learning, recreational, and social activities; attend weekend field trips; and have unstructured time to network and build long-lasting friendships with their peers.

## Participants

Up-to 90 high-achieving, gifted or academically talented, and highly motivated eleventh grade students are invited each summer to participate in the UF SSTP. Participants are required to demonstrate a high degree of maturity, independent living skills, and self-discipline. Participants are required to conduct themselves as young adults. Participants are held accountable for knowing and following the UF SSTP **Rules and Code of Conduct** (see section in Handbook) and UF SSTP weekly **Detailed Schedule** (see Program Schedule section), arriving on time to all scheduled events and curfew, maintaining their academic schedule by knowing the requirements and deadlines, and being respectful at all times. Rules of conduct, attendance, appropriate dress, and curfew are strictly observed for the safety and well-being of the students and the success of the program.

## Program Curriculum

The UF SSTP Program Curriculum offers challenging opportunities in a wide variety of academic disciplines balanced with leadership development activities, service learning, recreational, and social activities. With the support of residential and academic counselors and administration staff, students develop interpersonal, organizational, professional communication, and leadership skills in this academically enriching setting. UF SSTP participants gain effective communication and leadership skills through small group discussions, oral presentations, workshops, and practical experiences. Peer support and feedback build critical thinking, interpersonal, and technical writing skills.

Program alumni, professor, and administrative evaluations of the UF SSTP result in changes and improvements to the program each year. Current UF SSTP participants complete weekly program evaluations which assess student learning, guide program administration, and help ensure students' progress. Overall, UF SSTP offers the motivated student a unique and intensive learning environment designed to provide challenging and inspiring experiences and to stimulate interest in science-related careers.

### 1. Laboratory and Academic Research Participation

University of Florida research faculty engages UF SSTP participants in university-level research as part of the lab team, including undergraduate and graduate students, post-docs, and research staff. Each UF SSTP participant is **individually** assigned to a research lab based upon his or her interests, academic background, experience, and career goals. Students spend a minimum of 28 hours each week in the research lab. By the end of the program, students will have produced a quality research paper, a research poster, and presented two science talks.

During the summer, UF SSTP participants will assist in the on-going research of his or her assigned lab. Participants develop a working knowledge of the research conducted in his or her lab through reading scientific literature, learning lab procedures and how to use lab equipment, and then implementing a research plan as directed by the student's faculty mentor. The research experiences offered at UF SSTP vary and may include clinical research, bench research, engineering projects, computer-based projects, or field work. Participants are also mentored in best lab practices,

scientific inquiry, and research careers. The laboratory experience helps define the meaning of research and encourages subsequent efforts.

UF SSTP participants write a research paper, give two research talks, and present a research poster based on the work conducted in the research lab. Proper data collection and recording techniques are taught and participants submit weekly lab notes to demonstrate progress within the lab. Feedback from faculty mentors guides progress through the program.

## 2. Faculty Lectures

UF SSTP participants attend an interdisciplinary lecture series presented by prominent UF and UF-affiliated research faculty who highlight the concepts, experimental approaches, and applications of their current research. Lectures are presented daily and the topics vary throughout the summer. Lecture topics cover research in the biological sciences, physical sciences, mathematics, engineering, and medicine. Topics range from *The Plastics You Encounter in Your Life*, to *The Mathematics of Randomness*, to *Ethical Controversies in Science*, to *Micro Air Vehicles and Small Unmanned Aircraft System*, to *Structural Biology as a Tool in Biomedical Sciences for Bench to Bedside Applications*. Ethics, technical writing, laboratory safety, and the role of the humanities in science are also presented. Students are encouraged to take notes and ask questions. Weekly assignments based upon the lecture series are included in the curriculum. All students attend all lectures and workshops.

## 3. Interdisciplinary Honors Seminar

The Interdisciplinary Honors Seminar Course offers participants an in-depth study of a selected topic in a seminar-style classroom environment. Led by a team of advance graduate students and post-doctoral fellows, participants read current journal articles, actively participate in classroom discussion, and participate in small group and individual assignments. The seminar emphasizes science communication through the reading, analysis, and discussion of the journal articles. Up to nine topics are offered each summer and participants indicate a preference for which topic he or she prefers to study. Previous topics have included *Cancer Biology and Therapeutics*, *Carbon Nanotube Technology for Energy Applications*, and *Science in the News*.

## 4. Dual Credit Enrollment

UF SSTP participants from a Florida high school may earn both college and high school credit for the academic components of the program (Laboratory and Academic Research Participation, Faculty Lectures, and Interdisciplinary Honors Seminar). All students have full access and fully participate in all academic activities regardless of dual credit enrollment status.

## 5. Academic Support and Leadership Development

UF SSTP students' academic success is supported by counselors who serve in both a residential and academic capacity. Counselors lead small group discussions, meet weekly with research faculty mentors, hold weekly individual meetings with students, assist with students' understanding of scientific articles, and provide guidance and feedback on academic assignments.

UF SSTP participants are assigned to a **Study Group** based broadly on the topic of research being conducted in his or her laboratory. Each Study Group includes 20-26 participants and is led by two **Study Group Leaders**. The Study Group meets once a week where assignment expectations are presented, peer feedback and support is facilitated, and professional communication skills are developed.

To further support student success, each UF SSTP participant is assigned to one of the Study Group Leaders as his or her primary point of contact for questions, support, and feedback. The Study Group Leader periodically visits the student's research lab to receive feedback on the student's progress from mentors and see firsthand what the student is working on in lab.

Participants meet individually once a week with their Study Group Leader to discuss his or her progress, receive formal feedback from the laboratory visits and on completed assignments, answer questions, address issues, and establish work

plans for the upcoming week. Students complete self-assessments to assist Study Group Leaders in ensuring adequate progress and to identify how to best meet the needs of the student.

Peer feedback is a key leadership component of the UF SSTP. Students are expected to gain primary knowledge of scientific and technical writing, and professional communication skills. Through periodic peer assessment of each other's research paper and oral presentations, students improve critical thinking skills, learn how to provide and receive constructive criticism, and participate in the revision process to refine their own skills.

An overview of the research process, scientific writing, and technical writing is presented by administration staff during weekly **General Sessions**. The entire program convenes together for General Session where academic expectations and deadlines are reviewed, special instructions on assignments are presented, and announcements are made.

## **6. Fieldtrips, Service Learning, Recreational, and Social Activities**

Fieldtrips are scheduled every weekend, except for the Mid-Summer Break Weekend and final weekend of the program. Locations vary from year-to-year, but participants can expect to visit a variety of educational and recreational sites around Florida. Past fieldtrips have included the UF Whitney Marine Lab and Anastasia State Park, Kennedy Space Center, Disney World Magic Kingdom, and Manatee Springs.

UF SSTP participants will take part in a campus creek clean up service learning event in conjunction with the UF Creek Committee. Students learn about Florida water issues through the Interdisciplinary Lecture Series and follow through with a morning trash clean up. Other service learning opportunities are offered based upon students' interests.

Program sponsored social activities are scheduled weekly and include Friday night activities and a weeknight or Sunday evening social. Social activities provide structured time for all students to gather, interact, and have fun! Activities may include dances, bowling, roller skating, movies, UF-sponsored events, and more. Evening socials may include dinners, potlucks, and ice cream socials. The Annual UF SSTP Talent Show is always anticipated and students are encouraged to share their talent with their peers.

Participants must attend all UF SSTP-sponsored field trips, service learning, recreational, and social activities together. Participants remain at the activity for the duration and assist with set up and clean up. The UF SSTP schedule also includes unstructured times for students to study, play sports, socialize, and hang out.

## Program Schedule

The UF SSTP offers the motivated student a comprehensive schedule, including academic, social, service learning and leadership develop activities. Participants' days are fully planned and students must budget their time effectively to accomplish their goals.

A General Schedule is provided as an overview of the summer and is available for download from the UF SSTP webpage and the Program Year Facebook Group; additionally hardcopies are distributed to students and parents at check-in. An excerpt from the General Schedule is as follows:

### General Schedule Excerpt

#### Monday

8:00 AM - 9:00 AM	Lecture
9:30 AM - 5:00 PM	Laboratory Research
5:00 PM - 7:30 PM	Dinner/Study/Free Time
7:30 PM - 8:15 PM	General Session
8:15 PM - 9:00 PM	Study Group Meeting
10:30 PM	Sign-In
11:00 PM	In Suites

#### Tuesday

8:00 AM - 9:00 AM	Lecture
9:30 AM - 5:00 PM	Laboratory Research
5:00 PM - 6:30 PM	Dinner Time
6:30 PM - 8:00 PM	Honors Seminar
10:30 PM	Sign-In
11:00 PM	In-Suites

#### Wednesday

8:00 AM - 9:00 AM	Lecture
9:30 AM - 5:00 PM	Laboratory Research
5:00 PM - 10:30 PM	Dinner/Study/Free Time
10:30 PM	Sign-In
11:00 PM	In-Suites

#### Thursday

8:00 AM - 9:00 AM	Lecture
9:30 AM - 5:00 PM	Laboratory Research
5:00 PM - 6:30 PM	Dinner Time
6:30 PM - 8:00 PM	Honors Seminar
8:00 PM - 10:30 PM	Individual Research Meetings
10:30 PM	Sign-In
11:00 PM	In-Suites

#### Friday

9:30 AM - 12:00 PM	Laboratory Research
12:00 PM - 1:30 PM	Lunch Time
1:30 PM - 3:30 PM	Workshop
3:30 PM - 4:00 PM	General Session
4:00 PM - 7:30 PM	Dinner/Free Time
7:30 PM - 10:30 PM	Friday Night Social
10:30 PM	Sign-In
11:00 PM	In-Suites

#### Saturday

10:30 PM	Fieldtrip/Service Activity
11:00 PM	Sign-In
	In-Suites

#### Sunday

1:00 PM - 3:00 PM	Grocery Run
6:30 PM - 7:30 PM	Program Social
10:30 PM	Sign-In
11:00 PM	In-Suites

The General Schedule is tentative. A Detailed Schedule for the upcoming week is distributed to each student on Friday at General Session. Copies of the Detailed Schedule are posted on the UF SSTP website, the Program Year Facebook Group, and on each Residence Hall Floor. Participants are responsible for reviewing the Detailed Schedule daily and are held accountable for being on time to program sponsored activities and curfew (see Rules and Code of Conduct).

Review the **Arrival and Departure Schedules, Shipments, and Travel Plans** Section of the Handbook for information on these portions of the program schedule.

Field trips or service learning programs are planned for every Saturday, except the Midsummer Break. Fieldtrips provide both educational and recreational opportunities. Fieldtrips and social activities are important for developing friendships, camaraderie, and shared experiences. In recognition of importance of such experiences, participants are required to attend and fully participant in all social activities, fieldtrips, and service learning projects.

Participants return home during the Midsummer Break which is scheduled for Friday, July 1<sup>st</sup> at 8:30pm until Tuesday, July 5<sup>th</sup> at 10:00 pm. Review the **Midsummer Break** section of the Handbook for details.

# Rules and Code of Conduct

The program rules have been developed through the 60 years of experience of hosting the Student Science Training Program. As applicable, rules presented here align with University of Florida Rules, UF Division of Housing Rules, and State of Florida Statutes. Participants agree to abide by the Rules and Code of Conduct to ensure a safe experience, a positive and inclusive program community, and a successful summer.

Participants and parents/guardians commit to abide by the rules when signing the Program Contract and Release of Liability. Furthermore, participants commit to a Code of Conduct during Program Orientation.

Participants unable or unwilling to follow the rules and abide by the Code of Conduct will not be allowed to participate or continue participating in the UF SSTP. No refunds are provided for students suspended or dismissed from the program.

## Section 1: Prohibited Items

### A. Automobiles, motorized vehicles, televisions, video gaming systems, and/or stereos

No participant will be allowed to possess or drive an automobile, motorcycle, moped, scooter, or other motorized vehicle (except a personal wheelchair) while participating in the UF SSTP. This rule applies to all participants, including participants living in and around Gainesville or participants with family cars in Gainesville.

No participant may travel in the personal vehicle of anyone other than his/her guardian, UF SSTP employees for program-related purposes, or Laboratory Transportation, as defined in the Program Contract and Release of Liability, without the express written or verbal consent of his/her guardian. Refer to the Program Contract and Release of Liability for details on participants traveling in personal vehicles.

Participants may travel on public transportation (refer to the Sign-Out/Sign-In Rule).

Televisions, Blu-Ray/DVD players, video game systems, stereos, and speaker systems are prohibited. iPods/MP3/Laptops with personal listening devices are allowed.

### B. Illegal substances (including prescription drugs not intended for personal, medical use) and firearms/weapons

No participant may possess or use alcoholic beverages/products, firearms or other weapons, or substances regulated under the provisions of Chapter 893, Florida Statutes unless dispensed to the participant on prescription, stored in the original container, and noted on the *Emergency Contact, Medical History and Medical Authorization Form*. No participant may possess for delivery or deliver to another, alcoholic beverages, firearms or other weapons (including, but not limited to, knives and switchblades), or substances regulated under the provisions of Chapter 893, Florida Statutes. Violation of this rule is grounds for immediate dismissal from the program.

### C. Tobacco Products

No participant may possess or use tobacco products, including smokeless tobacco products or electronic smoking devices, while at UF SSTP. The University of Florida is a tobacco-free campus.

### D. Open flames

No participant may possess candles, matches, lighters, incense or other open flames. Candles, matches, lighters, incense, or other open flames are not allowed in University of Florida Residence Halls.

### E. Animals

No participant may possess an animal/pet while at UF SSTP. The University of Florida Division of Housing prohibits all pets during summer programs. This includes, but is not limited to, dogs, fish, birds, mice, rabbits, cats and reptiles.

## Section 2: Personal Conduct

### A. Illegal conduct in general

A participant in violation of any rule of the University of Florida, rule of the Board of Trustees, municipal ordinance, or law of the State of Florida, or of the United States, will be immediately dismissed from the UF SSTP.



## **B. Disorderly conduct, disrespect, and actions in disregard of the possible harm to self and others**

A participant engaging in disorderly, disrespectful, or disruptive conduct; or conduct which is committed with disregard of the possible harm to self, another individual, or group; or conduct which is disrespectful to staff, other participants, or others will be dismissed from the UF SSTP.

## **C. Attendance Policy and Participation**

Participants must arrive by 1 p.m. on Sunday June 12th, attend all program activities from June 12th – July 29th, and depart by noon on Saturday July 30th. Before committing to attend, students must check with their school, extracurricular, and family schedules to confirm they do not have any commitments (including but not limited to exams, family vacation, other summer programs or competitions) that would conflict with the dates of the UF SSTP. Participants may not enroll in additional courses while at UF SSTP. If a participant does not comply with the stated attendance and participation requirements, they may be dismissed from the program without refund of paid fees. Families may request a weekend leave (defined as 4:00 pm Friday – 10:00 pm Sunday) from SSTP for onetime events, such as a family wedding.

Participants are required to attend and participate in all scheduled functions of the UF SSTP unless excused by staff. Requests to be excused from an UF SSTP function must be made in advance through the On-Call Staff Member or the Program Coordinator.

Participants are expected to arrive on time. For academic functions, on time means being seated and ready to participate at the stated start time. Participants who anticipate arriving late to a function must notify the On-Call Staff Member as early as possible. Repeated requests for late arrivals or repeated tardiness will be addressed with the Program Coordinator and the participant's parent or guardian.

Leaving a voice message or a text message is not sufficient notification for being absent or tardy for a UF SSTP function.

**Weekends:** Participants are expected to remain with the program on all weekends during UF SSTP, except Midsummer Break. Very important family gatherings (*e.g.*, weddings or religious ceremonies) may be exempt with an advance written request to the Program Coordinator. Students granted an exemption will be allowed to leave no earlier than 4:00 pm Friday and must return by 10:00 pm Sunday.

## **D. Cell Phone**

All participants must have a working cell phone, phone service, and provide a current phone number to program administration. Participants are required to silence or turn off their cell phone during all academic portions of UF SSTP, such as during lecture, while working in the research lab, and during class or study group. Parents are encouraged to call students during breaks and free time, such as lunch time or during the evenings. Participants are encouraged to keep in touch with family on a regular basis. Should an emergency arise where parents must contact a student immediately, parents may call the CPET Office at 352-392-2310 or the SSTP On-Call Staff Member.

## **E. Dress Code**

Participants are expected to dress and observe personal grooming which reflects the high standard of the program, contributes to the health and safety of the individual, promotes a positive educational environment, and supports the educational activities of the program. These minimum standards of dress and grooming apply to all students and program staff. Any student not meeting these expectations will be asked to wear more appropriate attire or improve personal care. Continued infractions will result in dismissal from the program.

- Clothing should distinguish you as a participant of a highly prestigious academic program. Your attire may not disrupt the educational process nor diminish the stature of the program.
- Clothes shall be worn as they are designed – pants secured at the waist, belts buckled, no underwear as outerwear, no underwear exposed, etc.

- Logos on clothing and jewelry may not contain inappropriate language, inappropriate references, advocate drugs/alcohol use, etc.
- Pants may be casual dress or denim (jeans). Pants are to be sized appropriate, hemmed, and worn at the waistline. Pant legs should not drag on the floor (no low-slung, baggy-seat, etc.). Yoga pants are not allowed.
- Shorts/skirts must be no shorter than fingertip length.
- Pajamas are not appropriate for any UF SSTP activity except sleeping.
- Shoes must be worn at all times. They may be dress, casual or athletic. Closed-toed shoes **must** be worn while in the lab, on tours, and in the field.
- See-through material is not allowed. Bare midriffs, bare sides, tube tops, and low-cut shirts are not allowed.
- Sleeves are required for all shirts during academic activities per UF EHS Safety Training.

### Section 3: Residence Hall Living

#### A. Visitation

Participants are assigned to same-gender suites. Only current UF SSTP participants and staff are permitted on floors reserved for UF SSTP. UF SSTP participants may not visit any other floors in Beaty Towers (including non-occupied floors and floors reserved for other programs).

UF SSTP participants may visit other UF SSTP participant's suites as follows: Visitors must be invited and agreed upon by all suite occupants. Visitors are to remain in the common room of the suite (no guests in bedrooms and bathrooms). Participants are to keep the suite entry door open when guests are visiting. Participants should keep number of guests to no more than one person per suite occupant. Noise levels must be kept at a reasonable level. Visitation is permitted during non-UF SSTP functions and before Curfew. Students assigned to the same floor may visit one another between Curfew and In-Suites.

Parents and family are welcome to visit UF SSTP Participants in the Beaty Commons and other public areas outside of Beaty Towers and around campus (visitors are not allowed in the Beaty Towers Laundry Room). Visitors must meet the participant outside Beaty Towers as the entry doors to the residence hall are locked for safety.

#### B. Curfew

Participants are to abide by **curfew** which is 10:30 pm and **in-suites** which are from 11:00 pm – 7:00 am every night, unless stated otherwise on the **Weekly Detailed Schedule**.

**Curfew:** Participants will sign-in with his or her floor counselor before curfew each night. Participants are to remain on their assigned residence hall floor after each has signed-in for the night even if time remains before curfew.

**In Suites:** Participants will remain in their assigned suite from **in-suites** until 7:00 am the following morning.

Participants may move about only their assigned residence hall floor between **curfew** and **in-suites**.

#### C. Room Assignments

Participants must reside in the room assigned to him or her.

#### D. Noise and Quiet Hours

Beaty Towers is a residential hall full of people attending different programs. As a courtesy to others noise should be kept to a minimum at all times. In other words, room noise should be at a respectful level, balls should not be bounced in the halls or in student rooms; students should not be chasing one another up and down the halls, etc. At 9:00 pm Quiet Hours begin for studying. Room noise should not be audible in the hallway. Consideration should also be given to suitemates as they may wish to study or go to bed early.

#### E. Window Safety

Residence Hall windows are to remain closed and secured at all times. Students will be assessed a fee through the 2022 UF-SSTP Participant Handbook

University of Florida for window violations. Additionally, banners, signs, posters, etc. may not be hung on the windows.

#### F. Housekeeping

Participants are expected to contribute to keeping their room, suite, and common hallways clean. The University of Florida will bill participants for cleaning fees starting at **\$50.00 per person per suite and for the amount of any damages** resulting from negligence on the part of the participants. The residential staff will inspect rooms weekly during the program to ensure that safety and health standards are met. Before checking out of the program, the rooms must be returned to their original conditions. This includes cleaning the oven, bathroom and refrigerator. *There will also be room checks at the end of the program to ensure that the participants have left their rooms in their original condition.*

**Trash Disposal:** Please recycle aluminum, glass and paper in designated recycling receptacles. Place small bags of trash in the trash chute provided on each floor. Large trash items (such as pizza boxes) will clog the trash chute and must be taken down to the dumpsters outside.

**Vacuums:** Beaty Towers is equipped with a central vacuum system. Participants may check out a vacuum hose at the Beaty Towers Commons Residence Hall Desk with a picture ID.

**Bathrooms:** Custodial Staff will provide weekly bathroom cleanings, including wiping down the sink, toilet, and showers. Staff will also restock toilet paper. Staff is not permitted to move personal items. Therefore, participants are encouraged to store personal items in provided cabinets on the posted cleaning days.

### Section 4: Safety and Security

#### A. Sign-Out/Sign-In

Participants will use a Sign-Out and Sign-In protocol to ensure safety and accountability.

**Sign-Out:** Each participant is to sign-out on posted sheets whenever he or she leaves the Beaty Residence Hall Area for non-programmed activities. The Sign-Out Sheet requires students to indicate their destination, mode of transportation, persons with whom they are traveling, purpose of the trip, and return time. Additionally, students planning to leave the UF campus must discuss plans with the floor counselor before departing.

Students delayed and unable to return by the indicated “return time” must speak with the UF SSTP On-Call Staff Member. All students must return by UF SSTP scheduled events or curfew.

**Sign-In:** Each participant is to sign-in upon returning.

Participants may only sign-out and sign-in for themselves. Students must never sign for another participant. Violation of the Sign-Out and Sign-In Rule will result in loss of privilege and in repeated cases, will be grounds for dismissal from the program.

#### B. Entry into Residence Hall Rooms

The University of Florida’s Division of Housing and UF SSTP Counseling Staff may enter participant suites for room inspections and during instances which bear on participant safety. Additionally, if there is reason to suspect that a serious violation of any of the rules is occurring at any time, an immediate search may be authorized by the Program Director or his or her designee.

The University of Florida Division of Housing staff is authorized to enter participant rooms for maintenance, building inspection, and weekly bathroom cleaning. A student’s right to privacy is a priority. Division of Housing staff will first knock and identify themselves before entering participants’ rooms.

#### C. Exterior Residence Hall Doors and Elevators

The exterior doors and elevators of Beaty Towers are locked for the safety and security of all students and staff. Participants will be assigned an entrance swipe card to open the exterior doors of the building and to operate the elevators. For the safety of all students, **never prop open an exterior door**. Additionally, participants should

refrain from opening the doors for others and should be mindful of “tailgaters.” All guests must meet UF SSTP participants outside Beaty Towers and not attempt to enter Beaty Towers.

# Campus Life

## Section 1: Residence Hall

UF SSTP residential counselors facilitate campus living through community building and help participants adjust to living away from home. Students get to know one-another through floor activities, shared meals, student socials, and small group get-togethers. Counselors engage students in activities such as pick-up basketball games, running/walking groups, playing guitar/musical instruments, and other shared interests. Cooking help, laundry how-to lessons, and other practical advice is provided by counselors.

One focus of UF SSTP is to create a multicultural community in which students are encouraged to live and learn with students from varied backgrounds and experiences. Towards this goal, UF SSTP does not accept roommate requests and students from the same high school are not roomed together. The program takes into consideration such factors as a student's study preferences, house-keeping preferences, sleep preferences, and general interests when making roommate assignments. Students selected to attend UF SSTP complete a Roommate Matching/Personal Interest Sheet on which he or she may indicate such preferences.

### A. Accommodations

UF SSTP participants and residential staff live in the [Beaty Towers](#) residence hall on the UF campus. Beaty Towers has suite-style rooms where each suite has two double-occupancy bedrooms, a kitchen, living area and a bathroom. Participants share a suite with three other students of the same gender. There are eight suites per floor with two residential counselors per floor.

### B. Amenities

The Beaty Towers Commons offers participants a place to gather and offers activities such as pool, table tennis, a TV, lounge space, and a study hall. Additionally, internet and Wi-Fi access are provided in both in the residence halls and on the UF campus (refer to the FAQ on the UF SSTP webpage for details on how to access these services).

Complete laundry facilities are available in the residence hall. Washers cost \$1.50 and dryers cost \$1.50 per load. Students are required to use quarters or to place money on their Gator 1 Card through the UF Vending Account (see Banking and Finances for details).

Nearby amenities include the Norman Hall Field. The Reitz Union is a short walk from Beaty Towers and offers restaurants, a convenience store, the UF bookstore, and game room. Additionally, a central bus stop is located across the street from Beaty Towers.

### C. Responsibilities

Participants assume responsibility for their room, suite, and residence hall floor. Participants are expected to maintain a clean living environment by washing dirty dishes regularly, taking out trash daily (trash chutes are provided on each floor), vacuuming floor areas (central vacuum system hoses can be checked out at the Beaty desk with picture ID), and keeping suites tidy. Beaty Towers provides a weekly bathroom cleaning and restocking of toilet paper. Signs will be posted announcing cleaning days. Students are responsible for removing personal items from counters, floors and showers prior to cleaning. Participants need to bring linens and select household cleaning supplies (refer to Packing List). Before checking-out at the end of UF SSTP, all areas of the residence hall floor must be clean and returned to their original condition.

Each participant is issued a **key fob** for entrance into Beaty Towers/Beaty Commons and a **room key** which unlocks the front door to the suite and his or her bedroom door. **Students will be charged \$30 for a lost key fob and \$75 for a lost room key.**

If a student is locked out of Beaty Towers or his/her suite, the student may check out a key fob or key from the Beaty Commons desk. Checked out key fobs and room keys must be returned within a timely manner (30 minutes). Proper identification will be required to check out a swipe card or room key.

## Section 2: Extra-curricular Activities

All UF SSTP students participate in program-sponsored social activities, fieldtrips, and a service project. Weekly activities include a variety of social events, such as dinner socials, dances, bowling and game room activities at the Reitz Union, and UF sponsored Gator Nights. Additionally, UF SSTP sponsors weekend fieldtrip to destinations such as the Whitney Marine Lab, St. Augustine Beach, and swimming/tubing at a local spring. Participants are required to attend and participate in all UF SSTP sponsored activities. UF SSTP provides admission and most meals during program sponsored socials and fieldtrips.

Students have access to outdoor swimming pools and outdoor green space for both program-organized and self-organized activities. Students enrolling in the UF Dual Enrollment Program will have access to indoor gym facilities after course registration.

Participants are welcome to bring readily portable musical instruments. Practice facilities may be available through the Fine Arts Department but are not guaranteed. Please contact us if you are interested in practice space. Students are invited to share their talent during the annual UF SSTP Talent Show.

UF SSTP participants find many students attending have similar interests and hobbies. Activities lists are available on each residence hall floor to help students identify other students will similar interest and hobbies.

## Section 3: Special Items

### A. Cell Phones

*All UF SSTP participants must bring a cell phone with a current or prepaid cellular plan.* Students should finalize the cell phone number he or she will use over the summer by mid-May. Cell phones are the only means of telephone communication with individual students during UF SSTP. Land-line telephone service is not provided by the UF Division of Housing.

### B. Bicycles

Participants are welcome to bring a bicycle to UF SSTP. Please invest in a high quality bike lock and learn the proper way to secure a bike. The University of Florida Police Department recommends a Techlock, Citadel, or Kryptonite "U-bolt." The recommended locks are expensive, but can be used during an entire college career. Remember to keep an extra key in a separate location. *Bicycles cannot be kept anywhere inside the residence hall.*

Please note: The University of Florida Police Department enforces all bike laws. Front and rear lights are required for night riding. Bicyclists must follow all applicable traffic laws, for example riding the correct direction on a one-way road and stopping at all traffic signals.

### C. Computers and Printers

All UF SSTP writing assignments must be word processed using a computer. Students are encouraged to bring their own laptops; however, there are many computer facilities available on campus for students to use. Students are not permitted to share computers or other high value items. Students should understand that if they bring computers or other hardware/software to UF SSTP it is at their own risk. Internet and Wi-Fi access are provided in both in the residence halls and on the UF campus refer to the FAQ on the UF SSTP webpage for details on how to access these services.

## **Section 4: Meals**

Participants provide their own daily meals during the program. Most participants choose to prepare meals in their residence hall suite which includes a full-size refrigerator/freezer and an apartment-size stove/oven and sink.

### **A. Cooking**

Most UF SSTP participants prefer to eat-in, pack lunches, and cook; although on-campus, delivery, and off-campus dining options are available. The typical college “meal plan” is not recommended for UF SSTP participants as dining halls are not open until July.

Typically, participants arrive at UF SSTP stocked-up with non-perishable food for the summer. Parents are also encouraged to take students to the grocery store after check-in to buy perishables for the first week. Some participants bring a couple of pre-homemade meals to microwave the first week.

UF SSTP offers weekly grocery runs to Target and Publix on Sunday afternoons. Space is limited and students will sign-up each week to participate in the grocery runs. With prior permission from the residential staff, students can take the bus to go shopping during free time.

The suites in Beaty Towers have a full-size refrigerator/freezer and an apartment-sized oven, stove, sink, and storage. Students should coordinate with their suitemates which kitchen items to bring, especially small appliances such as microwaves, coffee makers, and toasters. Please see the Packing List for a comprehensive list of suggested items.

### **B. On-Campus Dining**

The University of Florida offers a wide variety of on-campus restaurants, such as Starbucks, Pollo tropical, Subway, Wendy’s, Chick fil A, Panda Express, and Moe’s. These restaurants offer individual meal purchases (not a typical college meal plan) and accept cash, credit cards, debit cards, and the UF Declining Balance (refer to Banking and Finances). Prices are comparable to national chain restaurant prices.

There are two dining halls on campus; however, the typical college “meal plan” is not recommended for UF SSTP participants as dining halls are not open until July.

Please note: During the first three weeks of UF SSTP, on-campus restaurant hours are limited (most are open for lunch with limited dinner hours). There are no restaurants located at Beaty Towers. Additionally, some participants will work in research labs far away from on-campus restaurants and therefore; participants should have alternative plans for eating lunch, such as packing their own lunch.

### **C. Off-Campus Dining**

University Avenue which defines the northern boundary of campus offers many counter service and full service restaurants, such as Jimmy John’s, Tijuana Flats, and The Social. These restaurants accept cash, credit cards, and debit cards. Please note that the UF Declining Balance is not accepted at off-campus restaurants.

In addition to pizza delivery, Gainesville has many restaurant delivery services. Each delivery service company picks-up and delivers food from participating restaurants around town. There is a small delivery fee and students should plan to tip drivers. Students will need to meet delivery persons outside Beaty Towers. Students will not be allowed to leave their residence hall floor after curfew to meet delivery persons.

# University of Florida Student Accounts

## A. UFID

Each UF SSTP participant will be assigned a permanent UFID number. This number is assigned by the University of Florida and is your permanent form of identification within the University of Florida system. Please take note of your UFID and place it somewhere where you will be able to reference the number during and after UF SSTP. Just to reiterate: the UFID number is issued by UF (not UF SSTP) and students will need this number to access all UF accounts during and after UF SSTP.

To ensure timely assignment of your UFID be sure to complete the Non-Degree Registration Task at your soonest convenience. Your UFID number will be emailed to students by the end of May if they have completed their Non-Degree Registration process.

## B. Gator 1 Card

The Gator 1 Card is your physical University of Florida ID card. All UF SSTP participants will be issued a Gator 1 Card on the first Monday on the program. We will travel together as a group to have their IDs made and the cost of the ID is included in the UF SSTP fees. Participants will use the Gator 1 Card to check-out library books, for admittance into recreation facilities, and to access debit accounts such as the UF Declining Balance for food purchases and the UF Vending Account for laundry and vending machines (refer to Banking and Finances). The Gator 1 Card is also required to ride all buses for free. Lost Gator 1 Cards will need to be replaced at the participant's expense.

## C. Gatorlink/Webmail

Gatorlink is the University of Florida's username system. In addition to the UFID, each participant will create a **permanent** Gatorlink account username. This username is **permanent** and, similar to the UFID, is how students will interact with UF for the entirety of their association with UF. Just to reiterate: the Gatorlink username is created through UF (not UF SSTP) and students will need this username to access all UF accounts during and after UF SSTP. **Choose a username wisely! What might seem funny/sarcastic/ironic now, will be your username permanently. We recommend first initial and last name.**

The account username is also a student's UF email, for example username@ufl.edu. Participants may access email through the UF Webmail Service: <http://www.mail.ufl.edu/>.

## D. ONE.UF

ONE.UF is the Integrated Student Information System. Students will be instructed before arriving at UF SSTP and during check-in on how to access their UF account. Participants will be required to use ONE.UF to "clear holds" before dual enrollment registration, check money owed to UF for printing services, non-returned library books, or other accrued charges, and for those who dual enrolled to request a transcript after UF SSTP.



## Banking and Finances

The UF SSTP program fee covers housing in a quad suite; staffing and supervision; program-sponsored activities such as transportation, admission, and one meal on fieldtrips, social activities, and supplies for service learning activity; a UF Gator 1 Card, program shirts, and limited program supplies; insurance (excess policy) for program-related injuries or illness; and program take-a-ways. Daily meals are not included (see Section 4: Meals).

Families are encouraged to discuss and set a budget for students prior to arriving at UF SSTP. In addition to budgeting for meals, students will need some personal spending money. Examples of how students may spend personal money include: laundry room; printing final SSTP research poster; non-UF SSTP sponsored activities such as going to the movies, bowling, or out to eat; snacks or drinks around campus; snacks and a second meal at Disney; souvenirs; and money for prescriptions or medications (if needed).

Students should not bring large amounts of cash to the program. Families should establish a means for the student to access money for food shopping and spending. Wells Fargo Bank ATMs are located on campus at the student union. Debit and credit cards are accepted throughout campus.

Students may choose to open UF Vending Account (<https://www.bsd.ufl.edu/G1C/vending/products.asp>) for various purchases around campus, including vending machines and laundry facilities. Visit website for details on all locations accepting Vending Services and directions for establishing an account and adding money.

Students will be able to charge some services to his or her UF Account. Students are responsible for all charges made to his or her UF Account and must pay for charges in a timely manner (see UF Student Accounts, ONE.UF). Printing the final UF SSTP Research Poster and lost library books are the most frequently charged items to students' accounts. Failure to pay will result in transcripts not being released and not being allowed to apply to UF.

# Arrival and Departure Schedules, Travel Plans, and Shipments

## Arrival and Departure Schedules

Please schedule your travel plans to coincide with Registration, Convocation, and Check-Out times, as follows:

**Registration and Move-In:**     **Sunday, June 12<sup>th</sup> from 8:30am – 12:00 noon**  
Beaty Towers Residence Hall  
Located on southwest corner of Museum Road and 13<sup>th</sup> Street  
Please check-in at the UF SSTP Registration Tables before unloading your car.

*Latecomers may Register and Move-in immediately following Convocation.  
All participants must arrive by 1:00 pm on Sunday, June 9, 2019.*

**Convocation:**                   **Sunday, June 12<sup>th</sup> from 1:30 pm – 3:00 pm**  
HPNP Auditorium  
Located on the northeast corner of Museum Road and 13<sup>th</sup> Street  
Parents are requested to join participants for the Convocation.

**Program Orientation:**       **Sunday, June 12<sup>th</sup> from 7:00 pm – 9:00 pm**  
*SSTP Participants Only Attend.* Families should conclude all move-in, errands,  
and dinner by 6:45 pm. Participants meet-up with the UF SSTP counselors on their floor  
at 6:45 pm to walk over to the Program Orientation together.

**Check-out and Move-Out:**   **Saturday, July 30<sup>th</sup> from 7:00 am – 12:00 noon**  
*All Participants must be moved-out of Beaty Towers by 12:00 noon.*

## Travel Plans

**Airlines:** Gainesville has a local regional airport. Silver Airways, American Eagle Airlines, Delta Connection/ASA and US Airways Express/PSA are the airlines that provide service to Gainesville Regional Airport (GNV).

**Buses:** If you elect to travel by bus, Greyhound has a terminal in Gainesville. Commuter bus companies also provide transportation to and from the UF campus south to Tampa, Orlando, Ft. Pierce, West Palm, Pompano, and Miami. Some companies go north to Atlanta and west to Tallahassee. These bus routes are great options for the mid-summer break travel. A sample of the commuter bus companies currently offering service are as follows: Red Coach, Megabus, and Miami Bus Service.

Students arriving in Gainesville by plane or bus are provided transportation to Beaty Towers at no additional cost. Students must indicate on the Travel Form to be picked up from the airport or bus terminal. Also, please let us know in advance if you will have a bike or other large packages/luggage (such as trunks or boxes) with you. We are unable to pick-up students from out of town destinations, such as Jacksonville and Orlando.

**Cars:** For those arriving by automobile, loading ramps are located adjacent to the parking lot at south side of Beaty Towers. As a consideration to other arriving participants, do not park at the loading ramp; please use this only as a drop off for belongings, then park in the lot. Utility Carts are anticipated to be available for moving belongings. Carts may be checked-out from the Beaty Towers' desk with a photo ID.

## Shipments

Personal items may be shipped ahead of time to UF SSTP as follows:

UF CPET- Student Science Training Program  
c/o: *Student's Name*  
334 Yon Hall *or* PO Box 112010  
Gainesville, FL 32611

## Midsummer Break

July 1<sup>st</sup> at 8:30pm to July 5<sup>th</sup> at 10pm

The midsummer break will begin at **8:30pm on Friday, July 1<sup>st</sup>** and all students must be out of Beaty Residence Hall by **1pm on Saturday, July 2<sup>nd</sup>**. Students may return to Beaty as early as **3pm on Tuesday, July 5<sup>th</sup>**, and all students must return by sign-in at **10:00 pm**. Please finalize your plans for the break by June 17<sup>th</sup>.

### SSTP Midsummer Break Options:

- The SSTP program will close from July 2<sup>nd</sup> at Noon through July 5<sup>th</sup> at 3pm. *No students may remain in residence halls over midsummer break.*
- Some students opt to spend the midsummer break with a fellow SSTPer's family. Any student wishing to do so must have parental permission and permission from the other student's family. Parents may give permission by emailing [sstp@cpet.ufl.edu](mailto:sstp@cpet.ufl.edu) by Friday, June 17<sup>th</sup>.
- *Midsummer Break Plans must be finalized by Friday, June 17<sup>th</sup>. Students may not stay in a hotel in Gainesville during the midsummer break unless accompanied by an adult family member.*

### Transportation to and from Gainesville:

- **Adults may pick students up from Beaty Towers.**
- **Commuter Bus/Greyhound Bus:** SSTP staff will bring students to the bus pick-up/drop-off location. Time options and companies are located below. If using Greyhound Buses, please allow extra time for transportation.

Commuter bus companies serving the UF campus are as follows:

- 1.) RedCoachUSA (<http://www.redcoachusa.com/>)
- 2.) MegaBus (<http://www.megabus.com/>)

**You must book returning tickets that arrive in Gainesville no later than 10:00 pm on July 5<sup>th</sup>. You must book departure tickets leaving no later than 1pm on July 2<sup>nd</sup>.**

- **The Gainesville Regional Airport:** see Travel Information for details on airlines offering service through Gainesville. Returning flights should arrive early enough on Sunday for staff to pick-up students at a responsible hour.

## Packing List- Required and Suggested Items to Bring

The Packing List is a guideline for items students may wish to bring. **Required Items are noted in bold.** There will be some time after Convocation and before the program starts for shopping.

### Personal Items

- **Government Issued Photo ID**  
Driver's License, Learner's Permit, State ID, or Passport
- **Grocery and Spending Money**  
See Banking and Finances for more information
- **Linens**
  - **Sheets & Pillow Cases (Twin-XL 80")**
  - **Pillow & Bedspread/Comforter**
  - **Bath & Hand Towels, Washcloths**
  - Small Blanket- field trip buses are often chilly
  - Mattress Pad/Egg Crate
- **Clothing**
  - **Dress Code Appropriate Clothing**
  - **Beach Attire, Swim Suit, and Towel**
  - **Semi-Formal Attire**  
Men: jacket or suit, tie and dress shoes;  
Women: a nice homecoming-style dress
  - **Professional Attire**  
For Poster Session and Oral Presentations
  - **Leisure Clothes, Comfortable Walking Shoes, Sneakers**
  - Costume or students make a costume at SSTP for the Annual UF SSTP Costume
- **Personal Care Items**
  - **Toothbrush, Toothpaste, and Floss**
  - **Shampoo, Soap, Razor, etc.**
  - **Deodorant**
  - **Sunscreen**
  - Hair dryer
- Medications
  - Regularly prescribed medications in original containers and listed on medical form.
  - OTC medications: UF SSTP staff may not purchase or dispense OTC medications to students.
- **Umbrella, Poncho, or Raincoat**
- **Electronics**
  - **Cell Phone with charger**
  - **Alarm Clock**
  - iPod/MP3/CD Player
  - Camera
  - Laptop and small printer
  - Please remember: TVs, game consoles, speakers and stereo equipment are **not permitted.**
- Bicycle and Helmet with U-Lock
- **School Supplies**
  - **A backpack or book bag**
  - **Pens, Pencils, highlighters, and any school/study supplies you typically use**

### Shared Suite Items

- Roommate Assignments will be emailed by May 25<sup>th</sup>. Students are encouraged to talk with their suitemates before the program to determine which Suite Supplies everyone will bring.
- **Personal Eating Utensils**
    - Plates, Bowls, Cups, Silverware  
Limit to 1 or 2 sets per person.
  - **Kitchen & Cooking Supplies**
    - Pots & Pans (limited to one of each for the suite)
      - Frying Pan
      - Sauce Pan (Small)
      - Sauce Pan (Large)-like for boiling pasta
      - Cookie Sheet
      - Brownie Pan
    - Mixing Bowl
    - Spatula, Cooking Spoons, Can Opener
    - 2 Oven Mitts/Hot Pads
    - Storage Containers (such as Tupperware)
    - Plastic Wrap, Aluminum Foil
    - Ice cube trays (refrigerators in residence halls do not have ice makers)
    - Dish Drying Rack & Dish Towels
  - **Cleaning Supplies**
    - Dish Soap & Sponges (there is not a dishwasher)
    - Paper Towels and Tissues  
Toilet Paper is provided
    - Cleaning wipes, such as Clorox Brand Disinfecting/Cleaning Wipes
    - Laundry Soap and Dryer Sheets
    - Remember the housekeeping staff will clean the bathroom weekly, so toilet bowl cleaner, shower cleaner, etc. are not necessary.
    - Trash can and trash bags are provided.
  - **Bathroom Mat or Rug**
  - Small Appliances
    - Toaster (toaster ovens not permitted)
    - Microwave Oven

Feel free to contact our office with any questions about items available in the Residence Hall